

# Methods of Improving the Harmony Of National And Modern Values in The Upbringing of A Person With Professional-Spiritual Sophistication

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**Abstract:** This article analyzes improving methods aimed at ensuring the harmony of national and modern values in the process of educating a person with professional-spiritual sophistication. The article, first of all, provides for the development of the inner world of the individual and the increase in his activity in social life as the main goal of the upbringing process. National values are discussed, in particular, the importance of the cultural heritage and traditions of Uzbeks, as well as their harmony with modern pedagogical approaches. In the course of the study, various methodological approaches – such as interactive educational methods, innovative technologies and project – based teaching methods-are studied how national values can be integrated into the modern educational system. It also emphasizes the importance of applying modern didactic techniques in increasing the professional competencies of educators. As a result, the article offers educators scientifically based recommendations for the development of new approaches that are effective in the upbringing of professional-spiritual individuals, combining national and modern values. This in turn serves to strengthen the morale of the younger generation.

**Keywords:** Professional spiritual sophistication, upbringing, national values, modern values, pedagogy, methods, personality development, educational process, culture, ethics, innovation, communication, moral values, social environment, motivation, self-awareness.

Introduction: The main goal of the educational system of the current period is to bring up competent individuals who are professionally - spiritually welltrained, who, along with excellent mastery of their profession, deeply understand national values, while at the same time can effectively use the achievements of modern science and innovative technologies. After all, at a time when the age of globalization sets itself the task of adapting to such requirements as professional competitiveness, innovative thinking, being the owner of modern competencies, it is impossible to abandon National-Spiritual Foundations. National values are a solid foundation for human behavior, consciousness, worldview and creative maturity, and are of primary importance in the education of a person with professional-spiritual sophistication in harmony with modern educational methods. The concept of professional-spiritual sophistication, first of all, manifests the theoretical and practical knowledge of the profession, competence, commitment to sociomoral principles, thinking and behavior in a manner

consistent with spiritual-moral criteria. The "harmony of national and modern values", which is a component of this concept, provides the basis for the enrichment of the student's spiritual world, his awareness of identity both in his profession and in his personal life. In addition to having a solid theoretical base only when modern technologies, interactive methods, innovative approaches are combined with a rich heritage of national traditions and Traditions, Folk pedagogy, a highly moral quality, a creative and versatile mature specialist can be brought up.

In pedagogical literature, professional-spiritual sophistication refers to an individual's commitment to spiritual and moral values in the perfect possession of his profession and a deep sense of responsibility to society [1] in this: professional competence: theoretical knowledge, practical skills, competence, creative approach and decision-making abilities of an individual regarding his field.

Spiritual progress: qualities such as humanity, honesty, justice, conscientiousness, correctness, tolerance.

These qualities become solid spiritual principles of the individual.

Aesthetic taste: perception of beauty, artistic and aesthetic views, attitude to art and culture, the use of creative elements in professional activities.

Social responsibility: to understand the importance of professional activity to society, to consciously feel the impact of the result of activity and the product of Labor on collective progress [2]. Professional-spiritual sophistication is thus a synthesis of professional skill and spiritual values. It is this synthesis that serves to ensure that the student will build positive relationships in the future at work, in society, in the family, fully manifest himself, and at the same time harmonize national tradition and modern knowledge.

# LITERATURE ANALYSIS AND METHODOLOGY

"National values" occupy an extremely important place in the formation of students as a person of professional and spiritual sophistication. Because national values have been formed for centuries, expressing the lifestyle of the people, spiritual and moral standards, living together with the mentality, originality, national pride and traditions of this people. But modern values are also on the agenda-such as international experience, the development of Science and technology, globalization processes, the principles of democratic and civil society, the principles of legal consciousness and legitimacy, creativity and an innovative approach are among the modern values[3].

National and modern values are not manifested as contradictions, but as complementary factors. For example, principles such as family solidarity, respect for adults, kindness, solidarity, which are regarded as national values, do not lose their value even in modern society, but harmonize with modern views such as creativity, R & D, smart technologies, social equality, gender equality, competitiveness, ensure the development of the individual as more perfect, secular and faithful to national traditions. In this harmony of professional and spiritual sophistication, the individual does not forget about his national identity, along with a broad worldview. The reform period of New Uzbekistan is characterized by such factors as democratic principles, market economy, international cooperation, innovative development, support of entrepreneurship. This process requires increased personal freedom and responsibility, a wide path to creativity, the introduction of digital technologies, keeping pace with the Times. At the same time, these changes do not deny either loyalty to national values, traditions, customs, preservation of national spirituality. In such conditions, student-youth have not lost the national spirit in both everyday life and future

professional activities, while there should be personnel ready for innovative thinking, creation of Innovations, International Cooperation. Therefore, the issue of harmonious application of national and modern values in the education of a person with professional-spiritual sophistication in the higher education system is relevant.

Basic techniques for improving the harmony of national and modern values. Various techniques can be used in the upbringing of a person with professional-spiritual sophistication. Below we will talk about techniques that will help ensure the harmony of exactly national and modern values, form creative thinking, national pride, digital competence, socio-moral qualities and an innovative approach in students.

Interactive methods. Debate and debate. The debate is considered one of the most effective tools to determine the differences between national values and modern principles, the possibilities of their harmonization. In the course of the lesson, "national traditions and globalism: synthesis or conflict?"on topics such as debate, developing critical and analytical thinking in students [4].

Upbringing aspect: in discussions, the student develops a culture of proving his opinion, listening to the opinion of another group, making compromises, building on evidence, tolerance, justice, behavior.

Consequentialism: at the end of the debate, students develop the skills to see the common side of national values with modern values, to recognize different aspects, but to strive to create a positive synthesis.

Role-playing games (role-playing) and evenings. Role playing games-allow students in the educational process to "perform", dramatize social and professional situations. Giving scripts such as" national wedding ceremony customs "or" modern management principles in working at a foreign enterprise " to students, they perform this situation. Through this style, respect for national traditions, understanding of modern corporate culture, acquaintance with global norms are formed in the regions [5].

Discipline aspect: in role-playing, each student practices the harmonization of responsibility, cooperation, national tradition and modern recommendations by playing a specific role.

Emotional perception: through dramatic evenings, stage performances, the student's social emotions, empathy, empathy, a sense of national pride develop.

Integration of national heritage and innovation. Project-based education provides a thorough result by "engaging student-youth in practical activities". For example, projects such as" harmonizing national

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costumes with modern design and technology "or" developing national craft traditions in an innovative way " can be created. The main goal of such projects is to closely connect the national heritage within the framework of the profession with practical equipment, brands, services, events or projects.

Upbringing aspect: the student achieves creative synthesis by harmonizing elements of national crafts, design, art, music with modern technologies (3D drawing, digital marketing, digital graphics). At the same time, feelings of pride in their traditions, of feeling a national identity are strengthened.

Practical effect: at the end of the project, students will be created a konkreat product or service: a digital game of National Design, multimedia guides, electronic dictionaries, rolling materials, online lessons with famous craftsmen, cultural-festival ideas, etc.

Socio-educational projects. The involvement of students in projects aimed at solving certain social problems in society (spiritual education at school, family environment in neighborhoods, effective organization of children's Leisure) also strengthens the harmony of national and modern values. For example, through "conversations with neighborhood luminaries", the student can explore national memory traditions, master modern culture and and management styles through" collaboration with international NGOs or non-governmental foundations" [6]

Digital technology and distance learning. Through modern digital technologies, it is possible to move national heritage and values to virtual platforms, create digital representation, modern educational materials. For example, it is very useful in practice for Uzbek folk tales, Proverbs, folk games, information about historical monuments to be prepared as digital resources and used interactively in the educational process of students. In doing so, they not only get acquainted with the text, but also follow multimedia materials in an audio-visual form. (Methodological manuals on the use of digital educational platforms).

Upbringing aspect: the student can not only look after the national heritage, but also put forward the idea of introducing it to the world community through modern technologies. Digital literacy, technical competence, translation and design skills develop.

Harmony with modern values: such activities also strengthen modern values such as global thinking, knowledge of foreign languages, International Communication.

Distinctive features of national education in distance education. On distance education platforms, it is

possible to organize webinars, video conferences, online discussions on spiritual and educational topics. They take part in role-playing games on national holidays, values, traditions (video rollers, stage performances). They conduct online meetings with foreign students or professionals to study the influence of different cultures on each other. They organize digital "spirituality clubs", "art clubs" and work collaborative projects through social networks[7].

From analyzes, it can be seen that national and modern values do not actually deny each other, but are harmonious and effective components in enriching the professional, spiritual, creative potential of the individual. At the moment, along with professional skills, such qualities as national pride, patriotism, honesty, justice, tolerance, loyalty to Uzbek traditions are formed in students. At the same time, they can also deeply master modern values such as modern Information Technology, international experience, innovative projects, critical thinking, digital literacy, understanding global problems

In place of the conclusion, it can be said that the upbringing of professional-spiritual refined individuals in the present period, instilling in their minds a harmonious model of national heritage and modern values – is the main foundation of the prosperity of society. In the context of the global competition that exists today, it is difficult to achieve success, knowing only modern knowledge or relying solely on traditional views. Therefore, the creative synthesis of these two streams, the harmonization of national-universal characteristics, sets the stage for a further expansion of student-youth thinking, a bold step towards spiritual perfection.

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