

Using improvisation to develop communication skills in future teachers

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Abstract: The article explores the role of improvisation in the process of developing communication skills among student teachers. Improvisation, as an active learning method, provides unique opportunities for developing interpersonal skills, adaptation to changing environments, and emotional control. The author conducted an experimental study during which students of the Faculty of Education participated in specially designed improvisation training. The results showed significant improvements among participants in the areas of self-confidence, communication effectiveness, and creative thinking ability. The improvisation approach demonstrates its potential as an effective means of developing the communication competencies necessary for successful teaching.

Keywords: Improvisation, communication skills, teacher education, development of communication skills, teaching methods, creative methods, teaching practice, performing arts, group dynamics, psychology of learning, emotional intelligence.

Introduction: In the modern world, where communication plays an important role in all spheres of life, the development of communication skills becomes a necessity, especially for future teachers. One effective way to build effective communication skills is to use improvisation. Improvisation is spontaneous creative expression in which participants create and develop ideas without a pre-prepared script or plan. When it comes to learning, improv helps students develop the skills of active listening, empathy, self-confidence, quick thinking, and adaptability to changing situations—all of which are necessary for successful communication with students, colleagues, and parents.

The first step in using improvisation to develop communication skills is to create a safe and supportive environment. Students should feel free to express their thoughts and ideas without fear of evaluation or criticism [1]. Improvisational games and exercises help to ease the situation and make the learning process more comfortable and interesting. This is followed by the development of the main elements of communication. Improvisation exercises can include working on non-verbal cues such as gestures, facial

expressions, voice intonation, active listening and empathic skills. These skills not only help teachers communicate effectively with students, but also create a comfortable classroom environment.

In addition, improvisation teaches students to be flexible and adaptable. In the real world, situations can change in an instant and it is important to be able to adapt quickly to new conditions. Improvisation exercises teach this skill by helping future teachers prepare for any challenges they may face in their careers [2]. In the modern world, where communication is becoming more and more important, the development of communication skills is becoming one of the main tasks of education. This is especially important for future teachers who work with diverse audiences that require flexibility, tolerance, and effective communication skills. In this regard, the use of improvisation as a teaching method is of particular importance. The practice of improvisation teaches future teachers to be flexible, flexible and confident in situations where they do not have a pre-prepared plan.

First, improvisation teaches the ability to quickly perceive and respond to new information. It develops the understanding and flexibility skills that are essential

for communicating effectively with students in a variety of learning situations.

Second, the practice of improvisation improves the ability to express one's thoughts and ideas clearly and effectively. Future teachers learn to believe in themselves and their communication skills, which will help them become more authoritative and influential in the educational process.

In addition, improvisation helps develop empathy and understanding. Participating in improvisational exercises helps future teachers to better understand others' points of view and to find a common language with different audiences.

Improvisation teaches tolerance to unexpected events and failures. During the internship, students learn that even if something doesn't go according to plan, they can always find a way to adapt and move on [3]. Thus, the use of improvisation in the training of future teachers is a powerful tool for developing their communication skills. This approach not only helps them become more confident and flexible in their professional activities, but also develops in them the important qualities of leadership, empathy and tolerance. Improvisation is not only a characteristic of acting, but also a powerful tool for developing communication skills in future teachers [4]. In an educational environment where new situations and non-standard questions arise every day, the ability to improvise is the key to successful communication with students, colleagues and parents.

The use of improvisation in the pedagogical process helps to develop several important aspects of communication. It helps to develop self-confidence. Teachers with experience in improvisation are more open to new situations and prepared for unexpected events, which helps them feel confident when communicating with different audiences. Improvisation develops empathy and flexibility skills. Teachers who master the art of improvisation are more sensitive to their students' needs and feelings, and better at responding to them in real time, creating a more effective and efficient learning environment. This is the development of creativity. Improvisation requires rapid generation of ideas and solutions in real-time, which helps foster creative thinking among future teachers [5]. They learn to see educational problems from different points of view and find non-standard approaches to solving them.

How to include improvisation in pedagogical practice? There are several approaches. First, pedagogic programs may include special courses and training in improvisation for prospective student teachers. These courses may include a variety of games, exercises, and

simulations of situations that teachers encounter in real life.

In addition, the use of improvisation in education creates an atmosphere of openness and trust in the classroom. Students see their teacher as willing to adapt to their needs and engage in communication that helps them learn more effectively. By studying improvisation, future teachers learn to listen to the needs and wants of their students, which makes them more empathetic and attentive to individual differences. This skill is especially important for future teachers, because the success of their professional activities depends on the level of communication skills. One of the effective ways to develop communication skills is to use improvisation.

In teacher training, improvisation is not only a method of developing creative thinking, but also a powerful tool for teaching the ability to quickly adapt to changing conditions and find non-standard solutions in the process of communication. This approach allows future teachers to go beyond the standard educational scenarios and form the flexibility of thinking that is very important for working in the modern dynamic educational environment.

The benefits of improvisation for communication skills
Development of oral skills. Improvisation requires participants to choose words and constructions quickly, which helps improve speaking skills and expand vocabulary.

Improve non-verbal communication. In the process of improvisation, gestures, facial expressions, intonations are of great importance, which help teachers to better control their non-verbal signals and interpret students' non-verbal signals.

The development of empathy. Participating in improvisational exercises teaches future teachers to understand and accept different perspectives, which are important for creating an effective teaching process.

Ability to work in a team. Improvisation often involves group work, which develops the ability to listen to others and respond appropriately to their ideas and suggestions.

CONCLUSION

The use of improvisation in the training of future teachers not only helps to develop communication skills, but also prepares them for the real problems of the modern educational environment. This makes the learning process more interactive and inclusive, which in turn increases the overall effectiveness of training professionals. Using improvisation to develop communication skills in future teachers is an effective

and interesting way to prepare for professional activities. This method not only helps students gain more confidence and practice in communication, but also builds in them the important qualities of leadership and flexibility necessary for successful work in the modern educational environment.

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