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SPIRITUAL AND ENLIGHTENMENTAL VALUES IN UZBEKISTAN FOLK MUSIC

Submission Date: December 09, 2024, **Accepted Date:** December 14, 2024,

Published Date: December 19, 2024

Crossref doi: <https://doi.org/10.37547/ijp/Volume04Issue12-37>

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ABSTRACT

This article studies the spiritual and educational values of Uzbek folk music. The expression of national consciousness, culture and traditions in folk music samples, as well as their impact on the spirituality of society and the upbringing of the younger generation, is analyzed. Examples of humanity, kindness, patriotism, religious and moral values reflected in Uzbek folk music are given, and the relevance of their study and preservation is justified. The article also highlights the importance of folk music in the modern educational process and methods of teaching it to the younger generation. The conclusion provides recommendations for the development and promotion of folk music.

KEYWORDS

Uzbek folk music, spiritual values, educational values, national culture, upbringing of the younger generation, folklore and traditions.

INTRODUCTION

Uzbek folk music is a priceless spiritual treasure created by our nation over the centuries, reflecting the deepest feelings of the soul. Each melody and song reflects the spiritual world of our people, their human values, their boundless faith in love and loyalty, and their pure outlook on life. Folk music is not only a type

of art, but also a continuously ongoing school of enlightenment and spirituality among people. It embodies the delicate feelings of the human heart, philosophy of life, and life experiences. Uzbek folk music has long been a source of spiritual comfort, support, and an enlightening companion in the difficult

stages of life. Such music contains not only the great lessons of the past, but also spiritual ideas for the future. Each melody resounds with the people's patience in difficult times, gratitude in happy days, and aspiration for a prosperous future. That is why folk music is valued not only as a model of creativity, but also as an important part of the spiritual values and history of the nation.

Today, preserving these rich spiritual and educational values in folk music, teaching them to the younger generation, and combining them with modernity are one of the important tasks. After all, Uzbek folk music is the cradle of our national culture, and its survival is the main guarantee of the spiritual revival of our nation.

METHODOLOGY

The methodological basis of this study is a comprehensive approach aimed at analyzing folk music samples and identifying their spiritual and educational aspects. Uzbek folk music works are considered a mirror of national culture and values, and they were studied using various theoretical and practical methods. For this purpose, semiotic, structural, and cultural-anthropological approaches were used in the study of musical folklore samples, which allow determining their educational and moral content.

During the research, the genres of folk music, the values expressed through them, and how they affect the life of society were studied. At the same time, historical and comparative analysis methods were used to determine not only the aesthetic, but also the moral and educational role of music. In particular, in order to determine the educational aspects of folklore, the

meanings in folk songs and melodies were systematized and their relevance for today was assessed.

In practical terms, the role of folk music in the educational process and instilling national values in the younger generation was studied. For this purpose, conversations between students and teachers, musical events, and practical exercises were observed and analyzed. These observations made it possible to draw conclusions about the educational impact of music and its role in the formation of national consciousness.

In the research process, modern technologies were used in the process of collecting and analyzing data. Using multimedia resources to digitize and analyze samples of folk music, their audiovisual images were analyzed. This helped to identify effective mechanisms for the preservation and promotion of musical heritage.

Thus, the methodological approach is based on a combination of theoretical and practical research methods that allow for a comprehensive study of the spiritual and educational aspects of folk music. This approach has created an opportunity to understand the place and significance of folk music in our national culture more deeply and to determine its role in the upbringing of the younger generation.

Literature analysis

Scientific research on the topic of Uzbek folk music and its spiritual and educational values creates a solid foundation for penetrating the deep roots of our national culture. An analysis of the literature in this area shows that the study of folk music is closely related not only to art history, but also to various fields

such as history, ethnography, pedagogy and philosophy.

Works on the analysis of Uzbek folk music and its features. Musicologists have studied the genres of folk music in different regions of Uzbekistan and paid great attention to identifying their stylistic and regional differences. In particular, Fitrat's work "Uzbek folk music"[1] is an important source for analyzing the general development trends of folk music and its spiritual aspects. Also, the works of Komiljon Otaniyozov[2] and other folklorists deeply illuminate the musical heritage of the Khorezm, Fergana and Bukhara regions.

Works on the educational and educational significance of folk music. Many works have been written about the fact that folk music is not only a work of art, but also a powerful means of educating the younger generation. In particular, the pedagogical works of scientists who conducted research on music education in Uzbekistan reveal the educational significance of folk music. In particular, the scientific articles of Omonulla Yuldoshev[3] and Nodira Yusupova[4] shed light on the connection between musical education and national values.

Historical literature. Historical research shows how folk music was formed over the centuries, what factors influenced its development. In particular, the historical works of Abdukodir Marogi[5], Hafiz Tanish Bukhariy[6] and other authors are the main sources for understanding the musical culture of their time and the place of folk music in society.

Studies devoted to the analysis of folklore. When analyzing folk music samples, folklorists pay attention to their poetic and musical components, revealing the

content of religious and educational ideas reflected in ancient melodies. In this regard, the works of Sayfiqiron Sodiqov[7] and other researchers occupy a special place in illuminating the cultural and moral aspects of folk music.

Modern literature and technological approaches. Today, there is an increasing number of works on digital archiving methods of folk music, its promotion on modern platforms, and its education for the younger generation. In particular, articles and textbooks related to the use of folk music in modern education are a relevant source in this regard.

Analysis of the literature shows that the role of Uzbek folk music is of particular importance not only as a national heritage, but also as a spiritual and educational tool. Continuing research on this topic will serve as an important tool in conveying national values to the younger generation through folk music.

DISCUSSION

Uzbek folk music is a musical expression of the spirit of the nation, an expression of its aspiration for spiritual heights. Folk music does not lose its importance not only as a powerful means of understanding national identity, but also as a means of promoting spirituality and enlightenment. Therefore, the study of folk music and its application in various aspects of social life has become a pressing issue in modern times.

Uzbek folk music embodies rich historical and cultural layers in its composition. Each folk song or melody expresses values such as humanity, kindness, and patriotism. For example, in our epics, the moral principles of society, the ideas of love and loyalty, and the concepts of serving the people are conveyed through musical rhythm and words. This allows us to

consider folk music not only as an art of hearing, but also as a deep educational tool.

Today, the role of folk music in the upbringing of the younger generation is very important. By teaching folk music in the education system, it is possible not only to increase musical literacy, but also to instill national values in children and young people. In this regard, the use of modern pedagogical technologies, including the introduction of interactive teaching and gamification methods, will help to teach folk music in a more interesting and effective way. And conveying folk music samples to the younger generation in the spirit of modernity will make national culture closer to them.

During the discussion, it should be noted that new opportunities are being created for the popularization of folk music today. The process of preserving, promoting and studying folk music samples with the help of digital technologies is developing significantly. This creates a solid foundation for preserving the rich heritage of folk music and passing it on to future generations.

At the same time, many opportunities have not yet been used to study and promote the spiritual and educational values of folk music in more depth. In particular, the study of the harmony of folk music with modern art, its international significance, and its interconnection with other cultures opens up new prospects in this regard.

In conclusion, Uzbek folk music, with its rich spiritual and educational values, is not only a part of national culture, but also a part of universal heritage. Its deeper study, instillation in the younger generation, and development with the help of modern technologies are one of the main directions of preserving the

heritage of folk music and integrating it into the lives of new generations.

CONCLUSION

Uzbek folk music is the heart of our nation, a musical reflection of its spiritual values and life experiences formed over the centuries. Every melody, song and epic is a spiritual treasure that embodies the cultural, moral and aesthetic concepts of our people and affects the delicate fibers of the human soul. This study analyzed the educational and educational aspects of folk music, its role in society and its significance for future generations.

Folk music is of great importance not only as a work of national art, but also as a source of education and spirituality. High values such as patriotism, kindness, and humanity reflected in the works of Uzbek folk music serve as an incomparable tool in the upbringing of the younger generation. In particular, today the widespread introduction of folk music into the education system, the effective use of its educational potential, and the formation of national consciousness remain one of the important directions.

In the era of modern technologies, new opportunities are opening up for the popularization of folk music. Preservation, promotion, and study of folk music samples through digital platforms not only preserve this heritage, but also make it known worldwide. At the same time, new creative opportunities are being created by combining folk music with other types of art and modern music trends.

In conclusion, Uzbek folk music plays an important role in understanding national identity and preserving cultural heritage. Exploring its rich spiritual and educational values, instilling them in the younger

generation, and ensuring their adaptation to modern life are important areas for the development and preservation of our national culture in the future. The survival of Uzbek folk music serves as an important factor in the spiritual upliftment of our nation, in preserving its identity, and in its recognition on a global scale.

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