

Modernization of The Process of Preparing Future Teachers and Coaches for Professional Activity

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Abstract: This article gives a good idea of the improvement of the parameters of the professional activities of future physical education teachers, which outlines the information that must be made to prepare the teacher of today's physical education.

Keywords: Physical education teacher, innovation, modernization, mechanism, idea, pedagogue, intuitive, knowledge, skill, competence, model, competition.

Introduction: At the global level, the tasks of improving the acquisition of knowledge, skills, and qualifications of students of higher educational institutions, developing their intellectual and physical maturity, improving the quality of education, humanizing it, introducing health-promoting technologies into educational subjects, ensuring their coherence and continuity, developmental and socializing goals, and increasing the creativity and ingenuity of specialists, including physical education teachers, are being set. In our country, a teacher organizes and manages the educational process, carries out tasks of state importance, and forms a new generation for society based on state goals [1]. Accordingly, a teacher can only be successful if he is ready to organize his activities in a new way. It forms a professional pedagogical process rich in undiscovered discoveries and creates the necessary pedagogical conditions for the formation of a comprehensively developed personality. Therefore, one of the first steps in improving the quality and efficiency of the education system is to ensure the readiness of teachers for the professional pedagogical process.

Optimal pedagogical methods are being sought to improve the working methods of physical education teachers working in the education sector in our republic. However, these attempts remain fruitless due

to the following shortcomings: "Physical Education" lessons, which are part of the specialized subjects block, are not being modernized in the preparation of future physical education teachers for professional activity; the pedagogical process within the research was not adapted to meet the educational needs of students; Physical education teachers do not sufficiently assess the possibilities of using physical exercise design technology in providing students with modern knowledge, and there is insufficient effort to form students' educational needs and create conditions to satisfy them; The use of didactic situational tasks in the physical direction for students is not carried out systematically and systematically; the implementation of physical cultural and educational work outside the classroom in this context is not at the required level; The technology of designing physical education for students in their future specialties is often implemented through the use of random exercises (their content is considered outside of their form, their conduct is not expressed in isolation from their content, but their form is observed); Tomorrow, modern methodological approaches to general secondary education and future physical education teachers will need recommendations on the theoretical foundations (especially theoretical and pedagogical) of this

problem[3]. Based on the above, it can be noted that today the technology of organizing professional activities in the training of future physical education teachers has not been studied as a separate subject of research. The preparation of a future physical education teacher for professional activity is as follows: predicting the success of the intended innovation as a whole and its individual stages; comparing the innovation with other innovations, selecting the most effective ones, and determining their most significant and specific level. determine; check the level of success of implementing the innovation. The preparation of teachers for professional activity is carried out in three stages:

1 Analysis of the teacher's activities in the period before the application of innovation in pedagogical activities.

2. Analysis of the period of active formation of professional activity.

3. Analysis of activities in the period after the introduction of innovations into the pedagogical process[2] In professional activity, a teacher should be a progressive, productive creative person, with a wide range of interests, a rich inner world, and a desire for pedagogical innovation. Professional activity consists of motivational, technological, and reflexive components[4]. This process is carried out in two directions: the formation of professional readiness to perceive innovation and training to act in a new way. In the organization of professional activity, the cognitive activity of students and its management are of particular importance. As a result of the professional activities of a physical education teacher, the physical fitness of students, individual and psychological characteristics, and their motivational sphere are comprehensively studied, methodological complexes are created that provide a continuous didactic system for physical training in school and extracurricular activities; various competitions, educational events that promote a healthy lifestyle: talks, evenings, sports shows are organized, students' interest in sports is taken into account, they are involved in sports clubs, and the physical, mental and intellectual abilities of students are developed; the pedagogical and psychological environment in the family, classroom and school is comprehensively studied, and their cooperation is developed.

Since the goal of preparing physical education teachers for professional activity is to develop the teacher's desire for innovation, the ability and skills to work independently, and to improve the skills of conducting lessons and extracurricular activities using modern pedagogical technologies and interactive methods, the physical education teacher must demonstrate the following abilities in professional activity: -uses creative motivation in lessons, evaluates professional activities: -cooperates in the creative interaction of students; -organizes work with determination, responsibility and honesty; - determines the need for professional activity; - prepares for involvement in creative activities; aligns personal goals with professional activities, etc. Also, the preparation of a future physical education teacher for professional activity involves the implementation of the following functions: Incorporating concepts related to the national idea and national values into physical education lessons; analysis of a conscious approach to future professional activity, a critical approach to standards; - enthusiasm for professional innovations; formation of creativity; to realize their potential, live a healthy lifestyle, and embody their aspirations in their professional activities; finding new technologies that set effective and meaningful standards; ensuring the development of the individual based on his ability to self-determine his own destiny and express himself: - determine effective pedagogical measures to ensure harmonious education and upbringing, to raise young people not only physically, but also spiritually and morally mature individuals; raising the quality of education to a new level by creating a healthy creative environment in educational institutions and introducing advanced professional, pedagogical and information technologies into the educational and upbringing process; developing young people's worldview, thinking, and independent observation skills; to protect young people from the influence of religious extremist ideas and various information attacks, to instill in them a sense of patriotism, loyalty to the country, and involvement in its fate; radically renew the forms and content of out-of-school education, focusing on the acquisition of knowledge based on the characteristics of the regions, the interests and desires of students; expanding the scope of innovations in the field of pedagogy, opening up a wide path for research on

pedagogical diagnostics, an individual approach to the student's personality, and introducing a mechanism for their comprehensive support; Strengthening the tendency of physical education lessons designed to manage student activity in the pedagogical (educational, upbringing) process to focus on the upbringing of a well-rounded personality. Modernizing the parameters of the practical application of this activity will lead to an increase in the effectiveness of the professional activities of future physical education teachers.

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