

Comprehensive Approach To Predicting Fetal Rh Immunization In Women With A Complicated History

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Abstract: Currently, early diagnostics of maternal and paternal Rh status, careful anamnesis, use of Dopplerometry, minimization of invasive diagnostic and therapeutic procedures, and avoidance of immunization development in non-sensitized pregnant women are part of the management of pregnant women with Rh immunization. Recently, more than 260 alleles of the RHD gene have been identified in the Rhesus system. 114 pregnant women with Rh negative blood were examined in the Tashkent Interdistrict Perinatal Center #9 for the period from 2021 to 2024. All the examined pregnant women were divided into 3 groups. Blood sampling was done at the first visit of the pregnant woman to the family health clinic, blood sampling of the newborn was done in the delivery room, from the umbilical artery of the placenta. The frequency of occurrence of Rh-phenotypes in the studied patients was studied. The results showed that among Rh(D)-positive newborns, the most common phenotype was DCcee - (31.6%), followed in descending order by the phenotypes DCCee - (21.4%), DCCeE - (18.6%) and DccEe - (15.9%). Thus, according to the phenotype of the mother with Rh-negative blood type in the presence of a difference from the phenotype of the fetus may depend on the development of hemolytic disease of both the fetus and the newborn. HDFN is developed with the maternal phenotype "cee" and the fetal phenotype "CCee" in 47.9% of cases, with the maternal phenotype "ccEe" and the fetal phenotype "CCee" in 50.0% of cases, with the maternal phenotype "Ccee" and the fetal phenotype "CCee" in 50.0% of cases, and with the fetal phenotype "Ccee" in 100% of cases.

Keywords: Rh immunization, Rh group phenotypes, hemolytic disease of the newborn, prevention of Rh immunization of the fetus.

Introduction: The algorithm for typing Rhesus system antigens is different for RhD antigen and RhCsee antigens. The detection of RhD antigen is performed in stages: first by erythrocyte agglutination reaction with complete anti-D-antibodies, and if the result is negative, more sensitive techniques using incomplete anti-D-antibodies are performed. The classical D antigen consists of 37 constituent epitopes [2]. Among them are three main ones: weak D antigen - D weak (its amount on the erythrocyte is reduced), partial D antigen that lacks any of the epitopes (individuals with such D antigen can produce antibodies to their missing epitopes) and DEL.

The existence of partial RhD antigens was first suggested by A. S. Wiener and L. J. Unger [3], P. Tippett and R. Sanger [4], who described patients with expressed or attenuated D antigens. Some patients were able to produce anti-D antibodies. The

researchers concluded that there was a distinct variant of D antigen that had qualitative differences from the well-characterized D antigen.

The modern strategy for the management of pregnant women with Rh immunization includes early diagnostics of maternal, paternal, and fetal Rh status using maternal blood, accurate assessment of the severity of fetal anemia, use of a minimum number of invasive diagnostic and therapeutic procedures, and avoidance of immunization in non-sensitized pregnant women. The critical importance of preventive measures should be emphasized.

Studying the pathogenesis, diagnosis, treatment, and prevention of fetal hemolytic disease, the following potentially etiopathogenetic events are highlighted: invasive prenatal diagnostics, reduction of one of the embryos, intrauterine treatment of the fetus (shunting, transfusions), abdominal trauma, intrauterine fetal

death, termination of pregnancy (regardless of the method), antepartum hemorrhage, spontaneous abortion, ectopic pregnancy. Throughout the gestational period, immunobiologic interactions occur between the maternal body and the fetus, which largely determine the subsequent course of pregnancy and the outcome for the newborn. Immunocompromised pregnancy occupies a special place in the composition of obstetric complications. About 95% of all clinically recognized cases of fetal/newborn hemolytic disease (HDFN) are due to Rh incompatibility [5].

According to literature data, HDFN is the 2nd most common cause of stillbirth and is diagnosed in 0.5% of newborns [5]. In the structure of perinatal mortality hemolytic disease of newborns is on the 4-6th place.

Despite significant advances in the field of perinatology, many issues of management of pregnant women with Rh-immunization, diagnostics and treatment of hemolytic disease of the fetus and newborn cannot be considered resolved. Among the immunological complications of pregnancy, the first place is occupied by hemolytic disease of the fetus and newborn, which develops as a result of incompatibility of maternal and fetal blood on various erythrocyte antigens. Perinatal mortality rates in fetal hemolytic disease are 15-16 % [4]. Significant reduction of perinatal morbidity and mortality from fetal hemolytic disease is impossible without organization of timely and universal prevention of Rhesus immunization during pregnancy and early postpartum period at the population level [7].

The problem of isoserologic incompatibility between mother and fetus is of practical interest to obstetrician-gynecologists, neonatologists and transfusiologists [3-5]. The inheritance of Rh-antigens is determined by a series of allelic genes located closely on one chromosome, with genes D and d, C and c, E and e being in mutually exclusive relationships, i.e. if the D gene is present on the chromosome, the d gene is absent and vice versa. All three genes on one chromosome are inherited simultaneously. The inheritance of Rh antigens does not occur through individual antigens D, C, e, but through a whole complex of antigens combined together "D C e". Considering the 6 major alleles of Rh antigens, there are 8 major combinations of Rh antigens. However, different combinations of Rh-antigens do not occur with equal frequency. If we take into account that a child inherits one gene from each parent, then there are at least 36 possible genotypes of the Rh-system [1]. According to the world's leading centers, sensitization of women of reproductive age to antigens of the Rhesus system occurs in: anti-D - 25%, anti-C - 7%, anti-E - 18%, anti-C - 6% [2, 5].

These antibodies are more often formed in Rh-positive individuals as a result of hemotransfusion and/ or repeated pregnancies.

The aim of the study was to study the features of the Rh phenotype in pregnant women with Rh negative blood and to compare the risks of hemolytic disease in the fetus and newborn baby.

METHODS

In order to achieve the set goals and objectives, 114 pregnant women with Rh negative blood were examined in the Tashkent Interdistrict Perinatal Center #9 and the Scientific Production Enterprise "Blood Preparations" for the period from 2021 to 2024. All the examined pregnant women were divided into 3 groups: Group 1A (n=51) - women who were pregnant again with Rh-negative blood without immunization and who gave birth to Rh-positive newborns with signs of hemolytic disease of the fetus/newborn (HDFN); 1B group (n=29) consisted of repeat pregnant women with Rh-negative blood without immunization who gave birth to Rh positive newborns without HDFN signs; Group 1C (n=34) are women who are pregnant again with Rh-negative blood type without immunization and who gave birth to Rh-negative newborns.

All patients included in the study underwent a complete clinical and laboratory examination, as stipulated in the national clinical protocol of health care of the Republic of Uzbekistan for the management of normal pregnancy, as well as diagnostics and treatment of isoserologic incompatibility of maternal and fetal blood. Immunohematologic examination of pregnant women, including screening of anti-erythrocyte antibodies in indirect antiglobulin test, antibody phenotyping, phenotyping of pregnancy antigens according to the Rhesus and Kell systems, and determination of IgG immunoglobulin subclasses were performed using a laboratory centrifuge, ID-cards, and standard red blood cells of BIO RAD (France/USA).

The study materials were subjected to statistical processing using parametric and nonparametric analysis methods. Accumulation, correction, systematization of initial information and visualization of the obtained results were carried out in Microsoft Office Excel 2016 spreadsheets. Statistical analysis was performed using IBM SPSS Statistics v.26 program (IBM Corporation).

In the selection of Rh-negative pregnant women, blood group affiliation was also taken into account. Thus, pregnant women with the first I(0) blood type did not participate in this study to exclude immunization according to the ABO system..

RESULTS

The mean age was 27.5 ± 0.35 years in group 1A. In group 1B this index was 29.3 ± 1.96 years and in group 1C it was 20.57 ± 0.96 years. Blood group determination according to the AVO system was performed at the initial immunohematologic examination of the

patients. At the same time, it was statistically significant that blood group 2 was significantly more frequent. Taking into account that all women were Rh-negative, statistical deduction by Rh identity was not performed (Tab.1).

Table1**Pregnant women's blood type identification data**

Type		Mother's blood type						Total
		2 (A)		3 (B)		4 (AB)		
		n	%	n	%	n	%	
I Main group	IA	24	47.1	19	37.3	8	15.6	51
	IB	17	58.6	8	27.6	4	13.8	29
	IC	21	61.8	11	32.4	2	5.9	34

The data of the analysis of group affiliation of newborns showed that the greatest affiliation of the 3rd blood

group was in the third group (Tab.2).

Table 2**Blood type of newborns**

Type		Antenatal fetal death		1 (O)		2 (A)		3 (B)		4 (AB)		
		Abs. (n)	%	Abs. (n)	%	Abs. (n)	%	Abs. (n)	%	Abs. (n)	%	Abs. (n)
I Main group	IA	2	3.9	13	25.5	12	23.5	16	31.3	8	15.7	51
	IB	0	0	3	10.3	12	41.4	7	24.1	7	24.1	29
	IC	0	0	3	8.82	13	38.2	17	48.6	1	2.94	34

Male sex was slightly predominant among the newborns - 59 (54.1%) ones. In newborns, the primary determination of blood group according to the ABO system was performed in the delivery room using standard isohemagglutinating serums. Blood was collected from the umbilical cord vessels. Blood was collected for phenotyping using the gel test.

The frequency of occurrence of Rh-phenotypes in the studied patients was studied. The results showed that among Rh(D)-positive newborns, the most common phenotype was DCcee - (31.6%), followed in descending order by the phenotypes DCCee - (21.4%), DCCeE - (18.6%) and DccEe - (15.9%).

Among Rh(D)-negative patients, the most common

phenotype was ccdde- (89.1%), followed by ccdde- less than 1% (Tab.3).
(26.3%), ccddeEe- (1.8%), with the rest accounting for

Table 3**Occurrence of genotypes according to maternal and newborn phenotyping data**

Rh phenotype	Occurrence	Rh-genotype		Pregnant		Newborn	
				n	%	n	%
DCcee	31.6%	DCe/ce	R1 r	Pregnant RhD-negative		36	31.6%
DCcEe	18.6%	DcE/Ce	R2 r`			11	9.6%
		DcE/Dce	R2 R0			5	4.4%
DccEe	15.9%	DcE/ce	R2 r			6	5.3
		Dce/cE	R0 r``			1	0.9%
DccEe	2.6%	Dce/ce	R0 r			3	2.6%
DCCee	21.4%	DCe/Ce	R1 r`			13	11.3%
ddccee	89.1%	ce/ce	r r	71	62.3%	15	13.2%
ddccEe	1.8%	cE/ce	r``r	2	1.8%	3	2.6%
ddCcee	26.3%	Ce/ce	r` r	30	26.3%	9	7.9%
ddCcEe	0.9%	cE/Ce	r`` r`	1	0.9%	1	9%
		CE/ce	ry r	1	0.9%	8	7.0%
ddCCee	7.9%	Ce/Ce	r` r`	9	7.9%	1	0.9%
Total				114	100%	108	100%

The distribution of antigens by genotype and phenotype was formulated by analyzing blood phenotyping data from laboring women and newborns. We performed gel-based Rhesus antigen phenotyping. When comparing the data of blood phenotyping by Rh antigens of mother and newborn, the prevalence of "C" antigen in the mother was revealed in group 1A (80.4%), where the children had a prevalence of "C" antigen (78.4%), which substantiates the risk of birth of children with signs of anemia and the development of postnatal hemolytic disease of newborns.

DISCUSSION

The data of the analysis showed that in the group of Rh negative pregnant women without immunization (1A) who gave birth to newborns and postnatal hemolytic anemia was developed, the presence of dominant "C" antigen was found in 11.8%, minor "c" - in 80.4% of cases, as well as minor "e" Rh antigen was detected in 94.1% of cases, while dominant "E" antigen was not observed in this group. Phenotyping of the blood of newborns of this group revealed the presence of dominant "C" antigen in 78.4% of cases, which

substantiates the development of hemolytic disease of newborns by "C" antigen. In statistical analysis, the data were prognostically significant ($p < 0.05$) [11]. In newborns with Rhesus negative blood, in 4 cases (11.7%) babies with signs of hemolytic disease were observed. When phenotyping was performed, there were differences between the Rh-antigens of the mother and the newborn. In this case, the phenotype of mothers had a "Csee" pattern, while the phenotype of newborns was "Csee, Csee" [12].

A correlative evaluation of the development of hemolytic disease in newborns independent of RhD-antigen was performed. Thus, according to the phenotype of the mother with Rh-negative blood type in the presence of a difference from the phenotype of the fetus may depend on the development of hemolytic disease of both the fetus and the newborn. HDFN is developed with the maternal phenotype "ccee" and the fetal phenotype "CCee" in 47.9% of cases, with the maternal phenotype "ccEe" and the fetal phenotype "CCee" in 50.0% of cases, with the maternal phenotype "Ccee" and the fetal phenotype "CCee" in 50.0% of cases, and with the fetal phenotype

"Ccee" in 100% of cases.

CONCLUSION

Thus, in the prognosis and prevention of fetal hemolytic disease, blood group and Rh-factor analysis alone is not always informative.

Phenotyping of maternal blood for Rh antigens is a significant prognostic factor, as detection of recessive c (78.4%) and e (90.2%) antigens in maternal blood increases the risk of postnatal neonatal hemolytic disease in women without immunization in the presence of major C and E antigens in fetal blood (OR=2.97; RR=1.39). This index significantly increased in the presence of such factors as repeated pregnancy (OR=6.02; RR=1.51), reproductive losses in history (OR=4.1; RR=2.09), presence of increased blood flow in the middle cerebral artery (OR=4.43; RR=2.40).

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