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## PRINCIPLES AND STRATEGIES FOR SIMULTANEOUS INTERPRETERS

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#### **ABSTRACT**

Nowadays, there is an increasing demand for simultaneous interpreting in the world. This paper introduces the definition and the process of simultaneous interpreting. And then, it proposes the general principles and techniques for simultaneous interpreting, and provides practical self-training methods.

### **KEYWORDS**

Interpreting, programs, strategies, simultaneous interpreting, principles, training.

### **INTRODUCTION**

At present, simultaneous interpreting is a tough job which requests the interpreters to possess high comprehensive quality and wonderful professional skills. How to effectively improve the quality of simultaneous interpreting? It is crucial for the interpreters to master the relevant principles and skills about simultaneous interpreting. In this article, we will explain the nature of the simultaneous interpreting, introduce the process of simultaneous interpreting and explore the basic principles and skills, then provide related self-training methods.

#### I. SIMULTANEOUS INTERPRETING

Language interpreting or interpretation is the intellectual activity of facilitating oral and signlanguage communication, either simultaneously or consecutively, between two or more users of different languages. A simultaneous interpreter is - as you can tell by looking at the words - someone who interprets for someone in another language while the speaker speaks without interruption. This is the opposite of consecutive interpreting, because a consecutive

Volume 03 Issue 05-2023 87

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interpreter awaits his turn and does not start speaking until the speaker allows him the time to do so. Simultaneous interpreting is one of the most common kinds of interpreting, but also the most difficult one. Very few translators (who are used to getting the time to really think about their translations) can do it, and not even all interpreters can do it well.

Simultaneous interpreting number has indisputable advantages consecutive over interpreting:

- a) Efficiency in conducting international events in which several languages are used;
- b) Less expenditure of time and money: the event proceeds at its own pace regardless of the language of the speaker — this decreases the time necessary to hold the event and the material resources required;
- c) Convenience for the listeners: the participants can hear the presentation in the original language without interruption for translation.

It is really a very complex process to interpret simultaneously, one that only very few interpreters can handle well. A speaker is speaking, and that speaker does not stop or pause. He keeps talking. Therefore the interpreter must do the following while the speaker is talking: listen to what the speaker is saying; translate it in his mind; render the translation in his microphone; and (and this is the most difficult part) at the same time listen to what is being said while he is speaking himself listener equipment interpreter equipment listener

This requires a kind of mental miracle, and that is why it is an unusually demanding and complex activity to carry out, one that requires an unusual level of concentration, which tires out the interpreter rather soon – which affects his concentration, which, in turn, affects his performance.

### **II. BASIC PRINCIPLES**

Simultaneous interpreting is not only an art, but also a technology. Therefore, there are certain basic principles can be followed during the process of interpreting in order to achieve goals more efficiently. The following principles can be employed to guide our simultaneous interpreting: (Weihe Zhong. 2001).

# A. Syntactic Linearity

According to the original structure of the sentence that a interpreter has heard, he divides the whole sentence into several parts, and then combines them together with various skills to express the entire meaning. Simultaneous interpreting requests the interpreter to give the target version nearly at the same time with the speaker's speech, and a qualified simultaneous interpreter should try his best to shorten the time between interpreting and speaking, therefore, the method to interpret based on the original structure is important feature in simultaneous interpreting.(Kemin Fang. 2004).

## **B.** Adjustment

This requires a kind of mental miracle, and that is why it is an unusually demanding and complex activity to carry out, one that requires an unusual level of concentration, which tires out the interpreter rather soon – which affects his concentration, which, in turn, affects his performance. It is a vital step in the interpreting process. The interpreter should adjust structure, correct mistakes and add the missing information with the new content he receives. In

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English, the adverbial modifiers about time and place are usually placed in the end of a sentence, which is guite different from the Uzbek structure.

# C. Anticipation

A good simultaneous interpreter should know how to predict what the speaker would say next with his own language ability, knowledge and experience, which can save a lot of time and energy, thus following the pace of the speaker. For instance, in lots of conferences, such cliché is used in the opening ceremony. During interpreting, with the help of his own experience, the interpreter can interpret the whole sentence.

#### D. Reformulation

Reformulation is the overall strategy in simultaneous interpreting. There is a great deal of difference between English and Uzbek, so sometimes it is impossible to interpret word to word. Reformulation can help interpreter to reorganize the original information according to the convention of target language.

## E. Simplification

It asks the simultaneous interpreter to simplify the words to explain, induce and generalize the original content without affecting the convey of main information when he meets some difficulties which he cannot handle with the target language or some technical materials which is hard for the listeners to understand.

#### F. Faithfulness

It is always regarded as the criterion to evaluate translation. But it is hard to follow it in simultaneous interpreting because interpreters have not enough

time to think and deal during interpreting. What the interpreter can do is try to deliver all the meaning and most of the information the speaker expresses in the way which listeners can accept easily. (Zhongmei Chen . Xiaobo Dong 2010).

To conclude, to be successful in simultaneous interpreting as a special type of translation, interpreters need to possess a number of specific abilities, skills and abilities. Based on the strategies and principles, the experience of interpreter practitioners and practical research, the important skills and abilities that interpreters need most to carry out their professional activities have been identified. The training skills included practical use of the available language knowledge in the process of perception, understanding and reproduction of the speech content using the principles and strategies above of the interpreting; constant control and correction of psychological and physical state during all the activities of simultaneous interpretation; work with the equipment of the interpreter's workplace during the simultaneous interpretation process - from its preparation to the completion of the interpretation session.

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Volume 03 Issue 05-2023

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Volume 03 Issue 05-2023

90