

Constitutional rights and freedoms of citizens

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Abstract: Our article "Human Rights and Freedoms" discusses the necessity of human rights and freedoms. The article outlines the basic principles of human rights, the procedures necessary for their protection and implementation. At the same time, the interdependence of freedoms and legal justice, as well as their necessity for society and individuals, are analyzed. External and internal freedoms, external influence, inclusivity, protection, and legal relations are also important topics in the article. The article allows for the explanation, teaching, and analysis of problems in the field of human rights and freedoms. This article covers the significance of human rights and freedoms in the formation of an independent and just society.

Keywords: Human rights, Freedom, Legal justice, Legal protection, External and internal freedoms, External influence, Inclusivity, Defense, Legal relations.

Introduction: -Human rights are natural and inherent rights, freedoms, and privileges that belong to every person from birth.

-The fundamental purpose of human rights is to ensure a person's ability to live in a legal and just order, to protect their human dignity and honor, and to align the regimes and decisions of governing bodies with the principles of effective state governance.

- General understanding of the topic and its significance: Human rights are the main reason for ensuring human dignity and freedom. These rights and freedoms should belong to all citizens and must be protected on the basis of legal order and legal provisions. Human rights and freedoms consist of laws and other documents that are mainly applied in ensuring the qualities, values, just regime and governance necessary for human life. These rights and freedoms define the fundamental principles of a democratic society and a state governed by the rule of law, ensuring justice and stability for people.

METHODS

- The main methods of protecting human rights are

provided by legislative acts and constitutional doctrines. Laws, rules and procedures establishing human rights are the basic skills of order and justice in society, which are ensured to citizens with the intention of justice, freedom and legal protection. The Constitution is the fundamental law of the state and aims to protect human rights, provide legal protection and freedom to citizens.

- International human rights treaties also play an important role in the protection of human rights. International human rights treaties and agreements signed by the Republic of Uzbekistan and many other states are considered fundamental legal documents for citizens. These agreements provide a source of basic legal information for citizens and provide standards related to the protection of human rights.

- Mechanisms for the protection and implementation of justice are of paramount importance in protecting human rights and contribute to ensuring legal order and justice through the justice system. Justice organizations play a vital role in implementing legal procedures for the protection of human rights, managing vaccines, and resolving legal relations.

This constitutional norm, in its essence, is closely linked to the right of citizens, enshrined in Article 29 of the Constitution, to seek, receive, and disseminate information of their choice, as well as the right to participate in the management of the affairs of society and the state, as defined in Article 32. That is, citizens create conditions for the exercise of other constitutional rights by familiarizing themselves with documents, decisions, and other materials related to their rights and interests. [1]

Problems:

- Problems may arise in ensuring universal access to human rights. These issues may also include the general application of human rights, their registration and protection by all citizens, procedures for direct implementation, and the resolution of personal and social problems.

- Adapting integrated human rights to society's needs is also among the issues. Human rights and freedoms should ensure equal quality and benefits for all citizens, but this must comply with the decisions and requirements of society. These issues encompass important issues such as protecting the rights of society's children, ensuring sexual stability, education, employment, healthcare, choosing a lifestyle, and others.

- Problems may also arise in addressing cultural and social issues related to human rights. These problems can manifest in society's specific literature, content, customs, ethical norms, and decisions. This practice is essential for a proper understanding, application, implementation, and protection of human rights, and in addressing them, it is necessary to use historical, cultural, religious, and emotional sources.

Services:

- Human rights education and education campaigns are essential services for educating and raising legal awareness among people. These campaigns are aimed at providing students, teachers, parents, and members of society with knowledge about human rights, studying legal order and justice, and increasing information about laws and requirements related to the protection of human rights. These campaigns can be implemented through mutual partnership, lessons, seminars, conferences, media, and social networks.

- The participation of civil society and the involvement of concerns are considered essential services in upholding human rights. These services can be implemented through activities organized through mutual partnership, community communication, and support. These events are aimed at involving citizens in expressing their opinions and decisions, meeting with

state organizations and organizations to protect human rights, protesting to change the order that contradicts human rights in society, spiritual campaigns, and other concerns.

- The state's efforts and policies are also considered essential services for promoting human rights. The state's policy aimed at protecting human rights includes processes such as the creation, amendment, and implementation of laws, the creation of institutions and organizations related to ensuring human rights, and the distribution of financial, economic, and social benefits for the promotion of human rights. The state's policy aimed at promoting human rights also plays an important role in protecting human rights, and efforts aimed at promoting human rights are ensured by people's desire for freedom, justice, and legal protection.

At the same time, the legislation also establishes additional mechanisms for ensuring the rights of individuals involved in legal proceedings to access information. In particular, Article 8 of the Law "On the Court," Article 9 of the Civil Procedure Code, Article 10 of the Procedural Code on Violations, and Article 20 of the Criminal Procedure Code stipulate that individuals participating in court proceedings who do not understand the language in which the proceedings are conducted have the right to fully familiarize themselves with case materials through an interpreter. [1]

CONCLUSION

In conclusion, strengthening the rule of law for the protection of human rights, strengthening the partnership between the government and public organizations, and increasing the inclusiveness and complexity of human rights analysis are necessary. Revising the key aspects outlined in the article and emphasizing the importance of continuing intervention in the protection and promotion of human rights requires the participation of society in human rights-related activities.

In my personal opinion, the importance of protecting human rights and freedoms largely depends on changes, education, and real-life examples. At the same time, it is necessary to inform students about human rights and encourage them to actively participate in the protection of human rights. It is recommended to provide students with knowledge about human rights, allow them to agree on issues related to human rights, express their opinions, and support changes.

Element 19. In the Republic of Uzbekistan, human rights and freedoms are recognized and guaranteed in accordance with universally recognized norms of international law and in accordance with this Constitution. Human rights and freedoms belong to

everyone from birth.

In the Republic of Uzbekistan, all citizens have equal rights and freedoms and are equal before the law regardless of sex, race, nationality, language, religion, beliefs, social origin, or social status. [2]

Suggestions:

1. Strengthening laws and regulations for the protection of human rights: It is necessary to update laws and regulations and strengthen procedures and requirements for the protection of human rights. At the same time, it is necessary to teach the implementation of laws and practice in accordance with them to ensure human rights and protect legal relations.

2. Strengthening partnership between government and public organizations: The protection and implementation of human rights can be carried out through the partnership of government and public organizations. Governments and public organizations should jointly develop policies, programs, and efforts to protect and promote human rights. Through these, necessary issues are resolved, and human rights are harmonized with the specific demands and necessary obligations of society.

3. Increasing Inclusion and Complexity in Human Rights Analysis: Human rights analysis requires both inclusivity and complexity. This requires the establishment of appropriate procedures for all aspects of ensuring human rights, depending on such factors as gender, nationality, religious beliefs, sexual identity, health status, etc. Inclusion and complexity are necessary to ensure the realization of human rights with the intention of ensuring justice and legal protection for all citizens.

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