



LEGAL BASIS OF DEVELOPMENT OF UZBEK PARASPORT

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ABSTRACT

In this article, a chronological analysis of the normative and legal documents adopted for the development of parasport in Uzbekistan, the tasks and tasks defined in the field, their scope, the state of implementation, as well as such laws, decisions and relevant documents for parasport coaches and athletes, it served as a road map, and the successful participation of our representatives in the international Paralympic and Para-Asian games based on systematic preparation is discussed.

KEYWORDS

Law, decision, normative documents, paralympics, parasport, paraasia, strategy, comprehensive training, disability, social adaptation, integration.

INTRODUCTION

One of the important factors in ensuring the stability of the society is maintaining the balance between social strata. For example, equality of rights and freedoms of persons who are healthy in all respects and persons with physical disabilities is one of them. In this regard, the countries of the world have developed and implemented many laws. Based on the "Standard Rules on the Equalization of Opportunities for Persons with Disabilities" adopted by the United Nations General Assembly at its 48th session on December 20, 1993 with resolution No. 48/96, girls, boys, men with

disabilities and ensuring that women have the same rights and obligations as members of society. In all countries of the world, there are still obstacles that prevent disabled people from exercising their rights and freedoms and their full participation in society. Eliminating these obstacles is the responsibility of the states. People with disabilities and their organizations should actively participate in this process as full partners. Creation of equal opportunities for people with disabilities makes an important contribution to the general efforts aimed at mobilizing human

resources in all countries of the world. In particular, in our country, along with the implementation of systematic work in this regard, the legal basis of the process has also been created. In particular, according to Article 19 of the Constitution of the Republic of Uzbekistan, human rights and freedoms are recognized and guaranteed in accordance with the generally recognized norms of international law and this Constitution. Human rights and freedoms belong to everyone from birth. In the Republic of Uzbekistan, all citizens have the same rights and freedoms and are equal before the law, regardless of gender, race, nationality, language, religion, belief, social origin, and social status. Privileges are determined only in accordance with the law and must be consistent with the principles of social justice.

In Article 50, "Everyone has the right to education. The state ensures the development of the continuous education system, its various types and forms, state and non-state educational organizations. The state creates conditions for the development of preschool education and upbringing. The state guarantees free general secondary education and primary professional education. General secondary education is compulsory. Pre-school education and upbringing, general secondary education are under state control. Educational institutions provide inclusive education and training for children with special educational needs. Based on these articles, it is established that all people in the society have their rights and freedoms from the moment they are born, they are equal before the law regardless of their social origin, they can use free education and even inclusive forms of education. . In addition, although the opportunity is limited, all citizens of Uzbekistan are given opportunities for freedom of scientific and technical creativity, persons with disabilities can get education and participate in various competitions and contests for the

development of society, their rights are legally based indicates that he has Paraspports organized for people with disabilities due to their physical background and Paralympic competitions are one of the great opportunities for those who regularly practice this sport. Therefore, para-athletes can not only restore their health, but also fight for the honor of the nation and raise the flag of the country. In these processes, para-athletes work tirelessly and engage in physical activity, which has a positive effect on their mental health, experts emphasize. The International Paralympic Organization was formed, and its set of rules is a road map developed for para-athletes of member states. Improvement of parasport and necessary tasks in the field are defined on the basis of the laws and decisions developed by our government, as well as normative legal documents. In the first years of our independence, the Law of the Republic of Uzbekistan "On Physical Education and Sports" was adopted. The second edition was approved on May 26, 2000. This law includes 27 articles and describes comprehensive issues related to physical education and sports. In particular, the proportionality of the law with the provisions of international agreements, the main principles of state policy in the field, the powers of state bodies in the system of physical culture, the material and technical base of sports complexes, the quality of educational support in them, the powers of public associations, the tasks they must perform , the information on the widespread promotion of sports and healthy lifestyle, first of all in the family, in the neighborhoods, is covered in detail, and in the subsequent articles of the law, this process is directly connected with school activities, and physical education classes are included in the continuous education system. , is conducted in all schools, and additional physical training is organized based on the physiological condition of students. For example, it is recommended to engage in sports suitable for

students with physical and mental conditions and interests, and creating the necessary conditions for this is one of the tasks of educational institutions. Also, the law contains clear information about the activities of the Olympic organization, financing of athletes, non-use of prohibited means in sports, issues of international cooperation, as well as social protection of sports representatives. Another noteworthy aspect of the law is that according to Article 13 of it, sports activities aimed at physically re-energizing disabled people are organized, and they are implemented based on legal documents, and special sports facilities are built for people with disabilities, and separate it is said that facilities with necessary conditions will be provided. This means the removal of one of the shortcomings and obstacles in the activities of athletes with disabilities. Because some para-athletes may be blind, some may not have one leg, some may not have arms, or may not have other physical capabilities, and in similar cases, providing solutions to the problems that plague them, eliminating deficiencies in their activities, material, moral and spiritual support, comfort in para-athletes' training sessions and para-competition processes. The new version of this law was adopted on September 4, 2015. The new edition of the laws is also being updated based on time and world requirements, taking into account national values. On November 3, 2020, the decision PQ-4877 of the President of the Republic of Uzbekistan "On measures to further improve the system of training and scientific research in the field of physical education and sports" was adopted. According to the decision, in addition to the training of qualified personnel in physical education and sports, several other necessary tasks have also been determined, including the scientific and methodical preparation of national sports teams for international competitions based on the results of analysis and forecasting of Olympic and Paralympic competition processes. preparation of scientific

literature, textbooks, training manuals, audio and video materials, establishment of "Physical Education and Sports" publishing house and printing house, further expansion of the scope of scientific and research works and providing them with advanced foreign experiences tasks such as involvement and implementation are defined. In particular, the improvement of the efficiency of scientific and research work in the field and the road maps drawn up in this regard are of particular note. As a practical result of such laws and decisions being developed, the number and quality of scientific research works are increasing along with educational and methodological works related to physical culture and sports. For example, Paralympics, parasport, sports of disabled people, adaptive physical education, activities of parasport of people with musculoskeletal disorders, deaf Olympics, deaf games, special Olympics, continental and regional games and inclusive education, disability rights, many scientific and practical studies have been conducted on issues such as their socialization, and this process is still ongoing. For example, scientific research conducted by scientists such as M. Kh. These scientific and research works serve as a theoretical basis for athletes engaged in parasports, and the laws being developed on parasports serve as a source for improving their practical activities. As a proof of our opinion, we can give an example of the laws and decisions adopted before the international competitions in order to organize the preparation and ensure the successful participation of the representatives of Uzbekistan in the Paralympic and Para-Asian Games. In accordance with the decision of the first president of the Republic of Uzbekistan I.A. Karimov on January 5, 2009, in order to ensure the appropriate participation of the delegation of Uzbekistan in the XIV Paralympic Games held in London in 2012, we recognize the successful participation of our athletes. In order to ensure the

creation of the Republican commission, the development of the program of step-by-step training of our para-athletes was determined, and in 2012, 11 of our representatives participated in 4 types of para-sport and presented the first silver medal at the expense of our state. On February 25, 2013, a presidential decision was adopted, including the tasks of preparation for the 15th Paralympic Games to be held in Rio de Janeiro, the capital of Brazil. According to it, creating all the necessary conditions for the quality training of athletes, developing an annual plan in preparation for the Paralympic Games and organizing systematic monitoring of this plan, with international sports clubs and federations tasks such as establishment of cooperation relations for the purpose of exchange of experience were defined. As a result of preparation based on a clear program and systematic plans, on September 7-18, 2016, in the Summer Games in Rio de Janeiro, 32 Uzbek para-athletes participated in 5 sports and won 31 medals, including 8 gold. He won 6 silver and 17 bronze medals. This was one of the first high results in the history of our Paralympic competitions. In order to further improve these results in the next Paralympic competitions and further improve parasport, the adoption of the decision of the President of the Republic of Uzbekistan on May 18, 2021 "On additional measures to develop the Paralympic movement" is a continuation of the reforms that began. According to the decision, training and retraining of parasport specialists, creation of conditions for conducting their scientific research work, ensuring adaptation of physically disabled persons to society, attracting them to paralympic sports, and for those who practice, facilities in sports complexes and provision of necessary tools, financial incentives for coaches, and a number of other tasks are defined. On November 5, 2021, the President of the Republic of Uzbekistan "On comprehensive training of athletes of Uzbekistan for the XXXIII Summer Olympic

and XVII Paralympic Games to be held in Paris (France) in 2024" Decision No. 5281 was adopted. In this decision of the head of our state, the XXXII Summer Olympic and XVII Paralympic Games to be held in Paris in 2024, eliminating the shortcomings made in the process of preparation for the XXXII Summer Olympic and XVI Paralympic Games held in Japan measures for preparation, elimination of existing problems, tactical and psychological all-round training of athletes and timely resolution of other issues were determined. One of the important aspects of the decision is that the task of increasing the number of legal passes and licenses for participation in the Paralympic Games and increasing the comprehensive training of our paratroopers in order to obtain them was also determined. According to these tasks and tasks, digitalization of the sports system on a large scale, improvement of sports management, providing scientific recommendations and proposals with an in-depth analysis of sports psychology, pharmacology, and medicine, emphasizing the issue of increasing the share of women among the participants in the Paralympic Games given Because if women are healthy in the society, a healthy generation will be formed from them. In addition, the Republican commission for the training of athletes was established. 19 licenses were obtained to participate in the XVII Paralympic Games, scheduled to be held on August 26 and September 8, 2026, and 19 of our para-athletes started their successful participation in 6 types of sports. As we noted above, the delegation of Uzbekistan not only shows growth and new records at the Paralympic Games, but also wins triumphant victories at the Para-Asian competitions. The first participation of our country's representatives in the Para-Asian Games took place in Guangzhou, China in 2010, and in 2014, our representatives participated in the II Summer Para-Asian Games in Incheon, Korea. In 2018, they successfully participated in the III Summer Para-Asian

Games in Indonesia, and in 2023 in the IV Para-Asian Games in Hangzhou, China. The purpose of listing this chronological sequence is that before each prestigious international para-competition, decisions have been made by our head of state that clearly and systematically include detailed preparation tasks, para-sports representatives, experts, coaches and officials, especially for our para-athletes. is serving as a road map. And with the continuous continuation of such government decisions and assignments, on July 1, 2022, the President of the Republic of Uzbekistan announced the "XXV Winter Olympics and XIV Paralympics to be held in Milan and Cortina d'Ampesso (Italy) in 2026 According to the decision "On comprehensive training of Uzbek athletes for the Games", starting from 2023, up to 15 billion soums will be allocated annually for the preparation of Uzbek athletes for these competitions. Also, in order to conduct sports training with winter sports, a 60-seat training center was started on the basis of the Pakhtakor sports base in Bostonliq district. Also, it was determined that it is necessary to participate in 4 programs of the Winter Paralympic Games, take a place in the program of para hockey, and obtain 2 licenses for para-mountain skiing. Another noteworthy aspect of the decision is that measures aimed at the development of winter sports have been developed and the mountainous regions of Jizzakh, Kashkadarya, Surkhandarya, Namangan and Tashkent regions will be specialized in sports such as para-snowboarding, para-mountain skiing, Andijan, Specialization of Samarkand, Surkhandarya, Fergana regions and the city of Tashkent in para-hockey and para-curling sports, organization of their divisions in the regions and improvement of their material base, creation of non-state sports and educational centers for winter sports and all by creating the necessary conditions, it is aimed to further improve these sports in our country. The theoretical and legal foundations of the reforms have been consistently continued in the

following years. Because the attention to sports in recent years has led to many great achievements and results, promoting people to sports and disabled people to parasports is becoming the most important factor in improving the health of the population. . In particular, the President of the Republic of Uzbekistan, Sh. Mirziyoyev, in his book "New Development Strategy of Uzbekistan" focused on the concepts of health and sports, expanding the scope of work in this area, as well as selecting representatives of professional sports, taking them to the Olympic Games. , in order to ensure successful participation in the Paralympic and Asian Games and other international sports competitions and tournaments, cooperation with sports federations in creating an effective system of selecting, training and improving the skills of promising athletes, forming national teams from among them, high-quality reserve and composition It is emphasized that it is necessary to raise.

CONCLUSION

In short, the goals of the development of all the listed normative legal documents and resources are similar, that is, the development of parasport, improvement of public health, creation of conditions for thorough preparation of our parasportsmen for prestigious competitions, acquisition of international parasport licenses. and, of course, is to take part in competitions and raise the flag of our country. However, such plans and goals, over the years, achieved gold, silver and bronze medals, especially in recent competitions, the number of gold medals at the expense of Uzbekistan has increased dramatically, and the fact that our para-athletes are personally breaking world records is a great joy for the Uzbek people. is accepted with Because today our para-athletes are re-introducing the

name Uzbek and Uzbekistan to the whole world with new results.

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