

# The Daily Life and Professional Activities of Teachers In Modern Society

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**Abstract:** This article analyzes the position of teachers in modern society, their daily work, social status, the challenges they face, and the factors influencing their professional activities. The study highlights the role of teachers in the modern educational process, their professional competence, psychological and social burdens, and their place in the system of social values. Moreover, the article offers suggestions for improving teachers' lives based on advanced international experiences.

**Keywords:** - teacher, education, professional activity, modern society, social status, psychological pressure, pedagogical process, motivation.

#### Introduction:

In today's world, the education system is considered one of the main indicators of societal development. At the core of this system lies the personality and activity of the teacher. A teacher is not only a provider of knowledge but also a key figure in shaping the next generation into conscious, enlightened, and patriotic individuals. Therefore, the daily life of a teacher in modern society, the challenges they face, and their social condition deserve thorough scientific analysis.

#### MAIN PART

Nowadays, teachers are expected not only to master their subject but also to utilize modern technologies, adopt advanced pedagogical approaches, and take the lead in educational and moral matters. These demands increase their workload and lead to professional stress. According to the national education development program, it is necessary to modernize the education system, retrain staff, digitize the learning process, and create digital educational spaces. These requirements contribute to the formation of a new national education system, the development of human capital, and the strengthening of the country's economy.

It is crucial to create conditions for teachers to continuously update their knowledge and competencies and to improve the entire educational system.

Today's teachers must work in ever-changing

environments, which, in turn, requires the constant improvement of their professional qualities. The ongoing development of pedagogical theory and methodology, the introduction of new teaching and upbringing technologies, and their implementation into practice highlight the need for teachers to possess additional training in the field of educational technologies.

The integration of innovative technologies into the educational process enables teachers to apply new approaches to their professional activities and improve their ability to equip students with relevant knowledge. Modernization of the education system also reflects changes in students' learning activities .

The status of teachers in society is constantly changing. In some countries, their status is very high, while in some regions they are not appreciated enough. In the experience of Uzbekistan, although there is respect for teachers, there are some practical problems: limited salaries, financial incentives and opportunities for personal development.

Working with students, communicating with parents, management and various segments of society puts great psychological pressure on teachers. This affects their mental health and motivation.

#### Literature Review

Scientific studies and research on this topic indicate that teachers' professional development, social

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protection, and psychological well-being directly impact the quality of education. For instance, reports from the International Center for Educational Assessment suggest that in societies where teachers are highly valued, the quality of education is correspondingly high.

Furthermore, local sources provide numerous practical examples and issues related to teachers' daily lives. The teaching profession is considered highly honorable.

Renowned Russian pedagogue A.S. Makarenko highly valued the teaching profession, stating: "An educator must know how to organize, walk, joke, be cheerful or stern; they must conduct themselves in such a way that every action, behavior, and attire educates the children."

This definition implies that a teacher should be a wellrounded, ideal figure for students, even in their manner of dress.

### **DISCUSSION AND RESULTS**

Analyses show that teachers should be viewed not only as knowledge providers but also as active participants in social processes. Understanding their professional and personal needs, and providing material and moral support, can enhance the quality of the education system.

Given the increasing complexity of teachers' roles in modern education, it is essential to study their lives and activities systematically.

Currently, the competency-based approach emphasizes not only the formation of professional competencies but also the development of personal qualities in future specialists. Higher education standards require future professionals to be competitive in the labor market, proficient in their field, and capable of navigating related areasachievable through a competency-based approach.

The term "competency" is often defined as the readiness to apply acquired knowledge in practice, or the ability to solve problems effectively. Derived from Latin, "competency" signifies being well-informed and experienced in a particular matter.

According to higher education standards, competency involves the ability to apply knowledge, skills, and personal qualities successfully in a specific field. Addressing the issue of a competency-based approach requires distinguishing between "competency" and "competence," as these terms are frequently used interchangeably in pedagogical literature, despite lacking a universally accepted interpretation.

The concept of "competence" (from Latin "competentia," meaning to achieve together, manage, correspond, or be appropriate) is variably interpreted in dictionaries, often associated with authority or full rights.

Ideas of a competency-based approach have been explored in the works of several foreign researchers. This approach in higher education institutions is based on defining competence as the goal of professional training.

A competency-based approach envisions students mastering various skills that enable effective action in diverse life and professional situations.

### CONCLUSION

In modern society, the life and activities of teachers are complex yet hold significant importance. Valuing their daily efforts, providing social protection, and creating opportunities for professional development are guarantees of educational quality and societal progress.

Based on the analyses presented, specific recommendations are offered to educational sector leaders, policymakers, and community representatives to improve teachers' conditions.

For successful performance, every teacher must possess pedagogical mastery. The fundamental principle of pedagogical mastery is achieving significant results with minimal effort. Creativity is always a companion to this mastery.

Pedagogical mastery traits develop in individuals who are interested, capable, and talented in teaching. Pedagogical activity is inherently creative. A teacher shapes the student's personality, makes independent decisions in unexpected situations, solves pedagogical problems, and independently manages the educational process.

All these aspects are connected to the essence, purpose, and nature of creativity. Only a teacher with pedagogical mastery can achieve great success in their professional activities.

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