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## THE SPECIAL IMPORTANCE OF THE PROFESSION OF PHYSICAL EDUCATION TEACHER

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### ABSTRACT

This article describes the positive and negative aspects of physical education teachers' specific professional activities, as well as problems and solutions in the profession. This study examines the issues of improving the system of training qualified pedagogical personnel in the field of physical education and sports in our republic, and developing the didactic skills of physical education teachers. The analysis shows that in the modern education system, physical education teachers are given more responsibility than before.

### KEYWORDS

Pedagogue, science of physical education, positive, interesting, activity, aspiration, protection, profession, stability, individuality.

### INTRODUCTION

Qualified pedagogical personnel in the field of physical education and sports in our republic in order to improve the training system, develop physical education and sports many scientific studies are being conducted. Teaching physical education and sports

theoretical and practical foundations of future physical education teachers effective organization of training in physical fitness, personnel in this field training process through the modern approach and professional skills of the pedagogue increasing the efficiency,

professional competence of physical education teachers special attention is paid to scientific research on problems related to formation. A physical education and sports teacher works with children, teenagers and adults, combining the skills of a first-class teacher, coach and educator. The main task is to instill an interest in sports and a healthy lifestyle, to teach a careful attitude towards one's health.

Physical education teachers work in general education organizations, but their work experience may also be in demand in kindergartens, sports clubs and sections. Salary depends on the region, length of service, qualifications and a number of other factors, which will be discussed below. Working as a physical education teacher can be an excellent choice for those who want to continue playing sports after completing their career as an athlete. After all, a physical education teacher is, first and foremost, a mentor who can share his successful experience and knowledge. It is not for nothing that former athletes and people who truly love sports often go into this profession. A physical education teacher enjoys authority and serves as an example of a healthy lifestyle for the younger generation.[1]

## METHODS

Physical education teachers do not have tests, and students do not come to them at the board to answer. However, the goal of the work of a physical education

teacher and other teachers is in many ways similar: to organize the educational process, to kindle interest in their subject, to create a program taking into account the characteristics of each student, including those with limited health capabilities, so that everyone gets feasible physical activity. A physical education teacher conducts classes in specially equipped halls, stadiums or open sports grounds. Among his responsibilities are:

- filling out a journal, assessing children's skills and abilities;
- good understanding of children's anatomy, physiology and psychology;
- clear explanation of safety rules and monitoring their observance;
- resolving quarrels and problems between children, maintaining discipline;
- developing interest in sports, motivating them to lead a healthy lifestyle;
- conducting optional classes;
- organizing sports events, holidays and Health Days;
- equipment maintenance, repair and replacement in case of breakdown;

- developing children's talents for sports, personal lessons with those who have difficulty mastering the program;
- assessing the health of students, providing first aid if necessary;
- participating in professional contests and competitions, improving qualifications.[3]

A physical education teacher must find an approach to each student, use environmentally friendly communication methods, provide a pleasant and friendly environment in the classroom, and take care of the morale of their students. General requirements include no criminal record and no restrictions related to working as a physical education teacher. The best people to handle this position are:

- sociable, able to get along with others;
- stress-resistant;
- multitasking;
- able to make quick decisions;
- with good organizational skills;
- responsible and hardworking;
- physically and psychologically resilient;
- honest and fair;
- those who notice details that are invisible to others.

## RESULTS

The main advantages of the profession of a physical education teacher: Interesting work - a physical education teacher conducts lessons, prepares children for competitions, reveals their athletic potential, organizes holidays and sections outside of school hours. Social package - bonuses for the category, incentive payments, the opportunity to receive a preferential mortgage, other medical and social benefits according to the profession. Long vacation - a physical education teacher rests all summer holidays, as do his students. Physical fitness - in order to meet the standards of the position held, a physical education teacher must maintain constant physical fitness, which is also a plus of the profession. In addition, classes are often held outdoors, in constant movement, which also has a positive effect on health.[2]

## DISCUSSION

Demand — there are a large number of vacancies for physical education teachers on the labor market, and schools are ready to hire physical education teachers, even if they have little teaching experience. But, like any other, the profession of a physical education teacher is not without its drawbacks:

High responsibility — a physical education teacher is personally responsible for the safety and health of students during classes.

A large flow of people — in the process of work, a physical education teacher comes into contact with different groups of people who differ from each other both in age and social status: with children, their parents, as well as with fellow teachers. It is necessary to find a unique approach to each, which requires developed professional and communication skills.

Paperwork - even the profession of a physical education teacher does not exempt you from routine paperwork; this is an integral part of every teacher's job.[4]

The physical education teacher's success in teaching is individual advanced outlook, high moral qualities, high level of knowledge, professional skills and depends on skills, high-level social culture and pedagogical direction. Meeting the requirements of the person's pedagogical activity and mastering this activity pedagogical ability that determines success. Pedagogical impact on every physical education teacher or pedagogic learner displays according to many parameters: physical and emotional-mental state, the general level of age-related and cultural development, relationships formation, spiritual and mental development, etc. The nature of pedagogical influence

to students from the point of view of pedagogical technology, which determines in many ways There are

several rules for using the method of pedagogical influence:

- harmony of demand and respect for students in physical education classes;
- pre-preparedness of the pedagogical effect in any sports training;
- to carry out the pedagogical effect until the end of the training;
- the ability to feel responsibility for the educational result;

Education, be it in the field of physical education and sports or in other areas

Pedagogical success of a physical education teacher or other pedagogical personnel depends in many ways on skills and personal characteristics.

## CONCLUSION

Based on the above, it can be said that a physical education teacher creates positive dynamic energy in students, and also forms physiological maturity in them. Therefore, it is important for a physical education teacher to have unique individual knowledge and skills, to actively use innovative methods to improve students' skills, and to be able to apply them in science. It is worth noting that physical

education and sports in our country. One of the main factors of further development is specialist personnel in this field capacity is considered. Therefore, personnel in the field of physical education and sports is to achieve full fulfillment of the requirements set by the training system.

In the development of didactic skills of physical education teachers reforming the system of personnel training in physical education and sports, related to the field analysis of existing literature and methods of physical education in the course of the lesson should be used effectively.

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