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# SPECIFIC CHARACTERISTICS OF THE MENTAL AND PHYSICAL DEVELOPMENT OF CHILDREN WITH MENTAL IMPAIRMENT

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#### **ABSTRACT**

In this article, in order to prepare mentally retarded children for social household life, conduct correctional educational, educational, developmental work with disabled children, adapt them to the social society, use their opportunities, bring them to adulthood so that they can serve themselves and benefit the society to a certain extent. Attention is paid to the importance of the role of the family, which is one of the most urgent issues of every country.

### **KEYWORDS**

Psychologist, special education, mentally retarded, expert, pedagogue, disabled.

## **INTRODUCTION**

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Conducting correctional educational, educational and developmental work with disabled children, adapting them to social society, bringing them to adulthood so that they can serve themselves and benefit society to a certain extent is one of the most urgent issues of every country. After all, according to the words of our president Sh. M. Mirziyoyev, "The spirituality of any nation is determined by its attention to disabled people living in this society."

Considered by the President of our Republic as the highest priority of the state policy, the Decision No. PD-4860 "On measures to further improve the system of education for children with special educational needs" and the Cabinet of Ministers "Special Education It was reflected in the decision No. 638 "On approval of normative legal documents related to education of children with special needs". As a result of these works, all aspects of inclusive education, methods of implementation, goals and tasks, reforms in this area are included in the Regulation "On the procedure for organizing inclusive education in general secondary education organizations", 2020-2025 Concept of development of inclusive education in the system of public education in 2020-2025, defined in the "Roadmap" for the implementation of the concept of development of inclusive education in the system of public education in 2020-2021, Significant work is being done on implementation.

In accordance with the practical results of the concept, inclusive education was introduced in 135 general secondary schools across the Republic, and more than 200 children with special needs were involved in inclusive education.

Decree of the President of the Republic of Uzbekistan December 1, 2017 "On measures fundamentally improve the system of state support for persons with disabilities" No. PD-5270, dated April 29, 2019 "People of the Republic of Uzbekistan on the approval of the concept of the development of the education system until 2030" decrees No. PD-5712, No. PD-4860 of October 13, 2020 "Measures for further improvement of the education system for children with special educational needs and Decision No. 638 of the Cabinet of Ministers of October 12, 2021 "On Approval of Regulatory Legal Documents Regarding Education of Children with Special Educational Needs" and other regulations A number of laws and decisions of our state have included measures related to the full education of children with special needs in the implementation of the tasks defined in legal documents, the support of the society, their integration into the society along with the healthy ones, and adaptation in social life. Currently, on the initiative of the President, care is being taken in our country to restore the health of mothers and children, to provide education and training to children born with disabilities, weak and other defects, and to raise them

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to become useful people for society. A number of laws and decisions of our state have included measures related to the full education of children with special needs, the support of the society, their integration into the society along with the healthy ones, and adaptation in social life. Currently, on the initiative of the President, care is being taken in our country to restore the health of mothers and children, to provide education and training to children born with disabilities, weak and other defects, and to raise them to become useful people for society. Russian psychologist L. Ch. According to Ivanov, speech is closely connected with thinking. Without speech, a person cannot think without language tools. He says that speech cannot be a language if there is no thought. As can be seen from the above opinion of Ivanov, speech and thought processes are closely related to the mental development of a person. The ancient Greek philosopher Aristotle emphasized that the absence of one of the organs of human perception or its violation does not allow the overall development of the wholeness and wholeness, and evaluates the auditory analyzer as follows: , hearing is an important organ of understanding the world around. In connection with this, it can be said that a person who has not heard since birth is naturally dumb." G.N. Mersiyanova, G.M. Dulnev, V.I. Antipov, V.I. Karvyalis, Ya. Ya. Kravalis, S.L. Mirsky, Ye.A. Kovaleva, V.F. Machikhina, N.P. Pavlova, V.A. Shinkarenko, I.P. Former Soviet scientists like Freytag conducted

scientific research on issues such as education and upbringing of mentally retarded children in our republic, elimination of their defects, pedagogical features of raising a disabled child in the family S. Sh. Aytmetova, L.R. Mominova, I.G. Radisheva, G.B. Shoumarov, D.A. Gordienko, S.G. Kim, A. Soatov, V.S. Rakhmonova, Z. B. Em, G.A. Sodikova, R.Sh. Shomakhmudova, P.M. Polatova, D.A. Nurkeldiyeva, M.P. Khamidova, L.Sh. Nurmukhamedova, Sh.M. Researched in Amirsaidovaar's research. As a result of research studies and their analysis, the formation and activation of the cognitive activity of mentally retarded children is very complex and requires a systematic approach. The education system implemented in each country is based on certain goals. The tasks of independence today require updating the content of the education system. This creates the need to connect social education and family education in a meaningful way. Since special correctional pedagogy is a component of general pedagogy, these tasks have become the priority tasks of this field, and their implementation is to search for new methods and ways of organically connecting special pedagogy with family education and social education. -requires conducting practical research. The development of the state and society, its prospects are determined by the physical fitness and health of citizens living in this state. The birth of an unhealthy and disabled child, expected with good dreams, is a tragedy for any family.

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The sharp and conflicting changes in the social, political, economic, and ecological spheres that have entered our lives in recent years have fundamentally changed it. We want to mention that it also leads to the increase of children with physical and mental disabilities, which is the goal of our topic. According to UN data, there are about 450 million children with disabilities worldwide. According to UNESCO data, among them there are around 200 million children in need of special assistance. The adoption of state documents on the life of young people and their social protection in our republic is a fundamental change of attention to young people in the life of an independent state. shows that it has changed. The remarkable aspect of the policy being conducted in this area is that the future of the young country is in the hands of the healthy generation, and this policy is not recognized even by the representatives of foreign countries. After all, "Implementation of the rules of social justice means ensuring the socially protected and guaranteed rights of the most vulnerable sections of the population - the elderly, the disabled, orphans, families with many children, and students" (4) of our country. It is instructive in all respects that it constitutes the essence of his policy in the social and spiritual sphere. The social, economic, and environmental changes taking place in our society are causing an increase in the number of children with physical and mental disabilities. In documents such as the World Declaration and the World Convention on the Rights of

the Child, as well as in Article 46 of the Constitution of the Republic of Uzbekistan, in Articles 23 of the Law "On Education" and in special laws, there is a defect in physical or mental development. and establishment of specialized educational institutions for education, upbringing and treatment of children in need of longterm treatment is emphasized. It is of great importance to cooperate with the family, school and neighborhood in the implementation of the elimination, correction and development of disabilities in children in need of assistance, and it is guaranteed by the state. Based on these requirements, providing education to children in need and adapting them to life requires special knowledge and an approach that knows the characteristics of a disabled child. The fact that one of the main tasks is to educate mentally retarded children, to prepare them for life as an active person, but this problem is almost not sufficiently researched from the scientific point of view, shows the relevance of the selected problem. The pedagogical views of scholars who lived in Asia are important. For example, Abu Ali Ibn Sina's "Isharat", "Donishnama", "Hayy ibn Yaqzan", "Solomon and Ibson", "Laws of Medicine", "Tadbir ul- "Manozil" contains views on all forms of education. These views have been a school for educating children for hundreds of years. considers secret to be the same environment for child education. He notes that all good and bad behavior is formed as a result of conditions, education, environment and habituation.

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