**VOLUME 03 ISSUE 10 PAGES: 145-148** 

SJIF IMPACT FACTOR (2021: 5. 993) (2022: 6. 015) (2023: 7. 164)

OCLC - 1121105677











**Publisher: Oscar Publishing Services** 





**Research Article** 

### Website: https://theusajournals. com/index.php/ajsshr

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## SPECIAL EDUCATION AND INCLUSIVE PRACTICES

Submission Date: October 20, 2023, Accepted Date: October 25, 2023,

Published Date: October 30, 2023

Crossref doi: https://doi.org/10.37547/ajsshr/Volume03Issue10-22

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#### **ABSTRACT**

Special education has become a vital component of the education system, aimed at catering to the diverse needs of students with disabilities. The implementation of inclusive practices in the field of special education has been a topic of growing interest and research in recent years.

In this article, we will explore the topic of special education and inclusive practices, their benefits, challenges, and strategies for successful implementation.

### **KEYWORDS**

Special education, inclusive practice.

#### INTRODUCTION

Special education and inclusive practices have been the subject of discussion for many years. Special education refers to the education of students with disabilities, while inclusive practices refer to the act of including students with disabilities in regular classrooms.

### What is special education?

The process of offering individualized instruction and support to kids with impairments or learning challenges is known as special education. Every special education student will have a unique plan based on

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their needs, talents, and aspirations because it is intended to be need-based and individualized. Prior to integration becoming commonplace, individuals with disabilities had the option of attending special or segregated schools or attending school at home.

Special education has become a necessity in such schools as a result of the integration of children with disabilities. Special education's goal is to support instructors and students with disabilities. Its goal is to develop the academic and developmental abilities needed to be successful and independent learners, not necessarily to impart knowledge of the course material.

Students with impairments who may performing at grade level or who may have a gap in their capabilities would benefit from special education programs in a conventional mainstream school.

### What is inclusive education?

The practice of educating kids with disabilities alongside their counterparts without disabilities in the same classroom is known as inclusive education. It is intended for all students.

The foundation of inclusive education is the idea that each student develops and learns in a unique way, and that no one fixed method of teaching and learning can guarantee the success of every student. Along with include students with disabilities, inclusive education is also in charge of seeing to it that their requirements are satisfied in regular classroom settings. Flexible curriculum created with a variety of learners in mind are needed to implement inclusive education.

In contrast to the conventional "one size fits all" philosophy, this is done to make sure that students have access to numerous pathways leading to the same destination. There is evidence to support the idea that inclusive education improves all students those with and without disabilities and enhances the capabilities of educators and educational systems.

## Benefits of Special Education

Special education has numerous benefits for students with disabilities. First, it provides them with a tailored educational program that meets their needs and helps them achieve academic success. Second, it promotes socialization skills and encourages interaction between students with disabilities and their peers. Third, it enhances self-esteem and confidence by providing a supportive learning environment that acknowledges students' strengths.

Finally, benefits from special education include meeting each student's unique needs. It is required for disabled children to receive a successful education. With the special education approach, kids can progress at their own rate and have time to comprehend concepts and hone abilities in a variety of contexts and situations.

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### Challenges of Special Education

Special education also faces challenges that need to be addressed to ensure its effectiveness. One challenge is the lack of adequate resources to meet the needs of all students with disabilities. Another challenge is teacher training in special education techniques as well as adapting instructional methods to accommodate individual student needs.

### **Benefits of Inclusive Practices**

Inclusive practices also have various benefits for both students with disabilities and their peers. First, it promotes acceptance of diversity and encourages empathy towards others who are different from oneself. Second, it provides opportunities for peer tutoring and collaboration, which enhances learning outcomes for all students involved. Third, it prepares all students for an increasingly diverse society. Additionally, in many countries, there are legal requirements and regulations in place to ensure equal and opportunities for all individuals. Implementing inclusive practices helps organizations and institutions comply with these laws and regulations, avoiding legal issues and promoting fairness.

### **Challenges of Inclusive Practices**

Inclusive practices also face challenges that must be addressed to ensure success. One challenge is

resistance from teachers or school administrators who may not fully understand or embrace the concept of inclusive practices. Another one is providing appropriate accommodations or modifications that meet individual student needs while maintaining academic rigor.

System, resource, and time limitations are examples of practical obstacles. Because inclusive education's design needs time to adapt to the educational system, they can stifle innovation and become a negative worry. Overcoming resource barriers, such as curriculum adaptation, teacher preparation, and instructional resources, is necessary for inclusive education. Another structural barrier to schooling is the bureaucratic character of the system.

## Strategies for Successful Implementation

Successful implementation of both special education and inclusive practices requires several strategies. One strategy is ongoing professional development for teachers on special education techniques as well as inclusive practices. Another strategy is providing adequate resources such as technology, instructional materials, and personnel to meet the needs of students with disabilities. Additionally, collaboration between general education and special education teachers is crucial for successful implementation.

#### CONCLUSION

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Special education and inclusive practices are essential for providing all students with equal access to quality While education. challenges exist, successful implementation can be achieved through ongoing professional development, adequate resources, and collaboration among educators. By embracing these strategies, we can create a more inclusive learning environment that benefits all students.

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