

Soft Skills In Interpretation Of The Qur'an And Hadis

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Abstract: This article presents information on the knowledge and skills for managing unique human abilities, concepts known in modern scientific parlance as "soft skills," which existed 14 centuries ago thanks to the Quran and Hadis. A comparative analysis and research were also conducted.

Keywords: Quran, Hadis, soft skills, adaptability, emotional intelligence, self-confidence and self-motivation, acceptance of criticism and self-development, creative thinking.

Introduction: In today's world, technical or scientific knowledge alone is not enough to achieve personal and success. Comprehensive development, the ability to successfully function and adapt in society, and the ability to communicate effectively with others all require mastery of essential skills known as "soft skills." Among these skills, the development of emotional intelligence, self-confidence and self-motivation, acceptance of criticism, creative thinking, and flexibility occupy a special place. The Quran and Hadis are invaluable sources for spiritual and moral development and can serve as a foundation for developing soft skills. The Quran encourages people to develop qualities such as honesty, patience, and responsibility, and the Hadis provide practical guidance on how to apply these qualities in everyday life. For example, emotional intelligence—the ability to manage one's emotions and understand the emotions of others—is developed through the example of the Prophet Muhammad (peace be upon him) and his compassionate and patient attitude toward others. The Quran and Hadis also emphasize the importance of accepting criticism and self-improvement. The Quran encourages people to reflect and analyze their actions, while the Hadis encourages every Muslim to change every day and strive for goodness. At the same time, creative thinking and flexibility, which are demands of modern life, are also reflected in Islamic sources.

Because the Quran encourages us to find a positive solution in any situation and always strive for goodness. This article examines in detail the importance of soft skills from the perspective of the Quran and Hadis and the ways to apply them in everyday life. This topic is not only a rich source for the spiritual and practical life of every person, but also plays an important role in achieving success in modern society.

Below, the soft skills listed above —adaptability, emotional intelligence, self-confidence and motivation, feedback and self-improvement, and creativity — are studied in comparison with the Quran and Hadis.

Adaptability

Adaptability is the ability to quickly and effectively adapt to changing circumstances. This skill is of paramount importance in the modern work environment, during learning, and in everyday life. It involves a positive attitude toward change, quickly understanding new situations, and making appropriate decisions. Although the term is not directly mentioned in the Quran, its meaning is closely related to concepts such as patience, strengthening one's will, and acting according to circumstances. Quranic verses that speak of patience and trust in Allah highlight the importance of adaptability. In particular, in the 286th verse of Surah Al-Baqarah it is said: "Allah does not burden a soul beyond its capacity..." Arabic text - لَا يُكُلِّفُ اللهُ لَقُسُنَا إِلَّا وُسُعَهَا - This verse emphasizes the need to live within one's

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means and adapt to circumstances. The Prophet Muhammad (peace be upon him) in his hadis called for adaptability, that is, patient and wise behavior in changing circumstances. For example: "Among the best deeds is moderation." (Reported by Imam Bukhari and Imam Muslim). Text in Arabic خَيْلُ الْأُمُورِ الْوُسَطُهَا- . This hadith emphasizes the importance of maintaining balance in various life situations and the need to act according to changing circumstances. Adaptability is not only a personal skill but also a spiritual and moral virtue, highly valued in the Quran and hadith.

We will examine adaptability in three aspects:

Adaptation to changing circumstances;

The ability to cope with stress and accept new situations;

The rapid acquisition of new knowledge and skills based on the Quran and hadis.

Adaptability is the ability to find new approaches to problem-solving, plan, and act in response to change. This skill encompasses qualities such as stress resilience, creativity, and openness to innovation. In the modern world, this is an important quality not only for success at work but also in other areas of life. In the Quran, adaptability is expressed through concepts such as patience (sabr), reflection (tafakkur), and tawakkul (trust in Allah). These verses encourage one to be steadfast in the face of life's trials and to act with trust in Allah in the face of change. "With every hardship comes ease" (Surah Ash-Sharh, verse 6), Arabic text- إِنَّ This verse calls on people not to despair in مع العسر يُسرأ difficult situations, but to adapt to them, no matter what the circumstances. Adaptation to changing circumstances is described in the hadiths of the Prophet Muhammad (peace be upon him) as the ability to maintain balance and choose the right path depending on the situation. For example: "The believer's situation is amazing: every situation brings him benefit. If good befalls him, he is grateful—it is for his benefit. If evil befalls him, he is patient—it is for his عجبًا -benefit." (Reported by Imam Muslim), Arabic text لأمر المؤمن، إنَّ أمره كله له خير، وليس ذلك لأحدٍ إلا للمؤمن، إن أصابته This . سرًّاء شكر وكان خيرًا له، وإن أصابته ضرًّاء صبر فكان خيرًا له hadis emphasizes that, no matter the circumstances, a believer will always find a way to adapt, patiently and gratefully. The ability to adapt to changing circumstances is a vital quality, helping a person act wisely and achieve success. The Quran and hadith serve as a spiritual and moral foundation for developing this ability and motivating a person.

Stress management and acceptance of new situations is a person's ability to understand life's challenges, respond positively to them, and control their emotional state. This flexible skill helps a person overcome

negative emotions in difficult situations, make rational decisions, and adapt to change. This skill is of great importance both in the modern work environment and in personal development. Stress management and acceptance of new situations are expressed in the Quran through the concepts of patience (sabr) and trust (tawakkul) in Allah. It contains verses calling on a person to accept life's trials as the will of Allah and to overcome them with patience (Surah Al-Bagarah, verse يا أيها الذين أمنوا استعينوا بالصبر والصلاة إن -153), Arabic text This verse emphasizes the need to الله مع الصابرين overcome difficult situations through patience (stress management) and trust in Allah. The issue of stress management and acceptance of new circumstances is also specifically addressed in the hadis. The Messenger of Allah (peace be upon him) taught people to accept any life situation with patience and satisfaction. "Whoever is patient, Allah will grant patience. There is no blessing better or greater than patience." (Reported by Imam Bukhari and Imam Muslim), Arabic text - من There is also the يستعف يعفّه الله، ومن يتصبر يصبره الله، following hadis about accepting new situations: "Among the best deeds is moderation." Arabic text -This hadis emphasizes the need to avoid خَيْرُ الْأُمُورِ الْوُسَطَ excessive anxiety or complete carelessness when dealing with life's changes. The Quran and hadis explain coping with stress and accepting new situations through patience, faith, and trust in Allah. Modern interpersonal skills develop these spiritual foundations in practice.

The rapid acquisition of new knowledge and skills is a person's ability to be open to learning, quickly perceive new information, and effectively apply it in practice. This skill is important for developing creativity, adapting to modern changes, and unlocking personal potential. It promotes lifelong learning, professional growth, and personal development. The Quran repeatedly emphasizes the importance of acquiring knowledge and applying it in practice. Allah calls people to knowledge and the pursuit of it. Allah will exalt in rank those of you who believe and those who have been given knowledge. (Surah Al-Mujadala, verse 11) (Surah Al-Mujadala, verse 11) Arabic text يَرْفَعِ اللهُ الَّذِينَ أُوتُوا الْجِلْمُ وَالَّذِينَ أُوتُوا الْجِلْمَ دَرَجَاتٍ

Emotional intelligence

Emotional intelligence is the ability to understand, control, and manage one's own emotions and the emotions of others. This skill includes self-control, empathy, relationship management, and effective communication in difficult situations. Emotional intelligence is essential for personal and professional success because it strengthens social connections between people. Although the term "emotional intelligence" is not used directly in the Quran, it is

expressed in qualities such as patience, compassion, and understanding of others. For example: "Be merciful, and Allah will show you mercy" (Surah An-Nur, verse 20), Arabic text - الْرُحَم تُرُحُم "Good and evil are not equal. Repel evil with what is better, and he who was your enemy will become your close friend" (Surah Fussilat, verse 34), Arabic text -

وَ لَا تَسْتَوِي ٱلْحَسَنَةُ وَلَا ٱلسَّيِّنَةُ آدْفَعَ بِٱلَّتِي هِيَ أَحْسَنُ فَإِذَا ٱلَّذِي بَيْنَكَ وَبَيْنَةُ - عَدُوةٌ كَأَنَّهُ وَلِيٌّ حَمِيمٌ

This verse calls us to be sensitive to the feelings of others and strive to improve relationships. The core components of emotional intelligence—patience, compassion, and concern for others—are repeatedly emphasized in the hadiths of the Prophet Muhammad (peace be upon him). "Believers, in their love, compassion, and empathy for one another, are like one body: if one part of the body is in pain, the whole body reacts with anxiety and fever."

(Narrated by Imam al-Bukhari and Imam Muslim), مثل المسلمين في توادهم وتراحمهم وتعاطفهم كمثل - Arabic text A" الجسد إذا اشتكى منه عضو تداعى له سائر الجسد بالسهر والحمى strong man is not one who wins a battle, but a truly strong man is one who controls his anger." Narrated by ليسَ الشَّديدُ بِالصُّرُعَةِ ، إِنَّمَا الشَّديدُ - . Imam Bukhari, Arabic text الَّذِي بِمِلِكُ نفستَه عندَ الغَضبِ ليسَ الشَّدِيدُ بِالصُّرَ عَةِ، إنَّما الشَّدِيدُ الذي يَمْلِكُ This hadis emphasizes a crucial aspect of نَفْسَهُ عِنْدَ الْغَضَبِ emotional intelligence—the ability to control anger and maintain self-control. Emotional intelligence, as a "soft" skill, emphasizes understanding one's own emotions and building genuine relationships with others. The Quran and hadis provide the spiritual and moral foundation for developing this skill, teaching one to live with respect, patience, and compassion for others. Understanding the feelings of others and responding appropriately to them is a key element of the "soft" skill known as empathy. This skill helps build healthy relationships by understanding the feelings of others, treating them with respect, and responding appropriately. This skill promotes sincerity in communication, prevents conflict, and strengthens team unity. The Quran emphasizes the importance of understanding the feelings of others and responding positively to them through compassion, patience, and forgiveness. "Those who believe in Allah are kind and merciful to one another" (Surah Al-Fath, verse 29), Whoever is المؤمنون يرحمون بعضهم البعض-Whoever is pleased with his Muslim brother, Allah will be pleased with him on the Day of Judgment." (Narrated by at-ومَن يسَّر على مُعسر يسَّر الله عليه في - Tabarani), Arabic text "None of you is a believer until he loves for . الدنيا والأخرة his brother what he loves for himself." (Narrated by Imam al-Bukhari and Imam Muslim), Arabic text -يؤمن أحدكم حتى يحب لأخيه ما يحب لنفسه

This hadis teaches empathy for others and appropriate

responses to their feelings. Understanding and responding to the feelings of others, as an interpersonal skill, develops empathy and communication skills. The Quran and hadis support this virtue spiritually and morally, calling for relationships with others to be built on compassion, respect, and sincerity.

Strengthening empathy and social connections

Empathy and strengthening social bonds is the ability to understand the feelings of others, sympathize with them, and build trusting and meaningful relationships. This skill promotes harmony and understanding between people in a social environment and is an important factor in effective teamwork, conflict resolution, and the development of long-term relationships. The Quran encourages empathy and strengthening social bonds through mutual love, compassion, and good relations. "Indeed, the believers are brothers, so make peace between your brothers and fear Allah that you may receive mercy" (Arabic text, Surah Al-Hujurat, verse 10):

. إنما المؤمنون إخوة فأصلحوا بين أخويكم واتقوا الله لعلكم ترحمون -

The Prophet (peace be upon him) emphasized the importance of strengthening social ties and empathy: "Believers are like a single body in their love, mercy, and compassion for one another: if one part of the body hurts, the whole body responds with excitement and pain." He also spoke of strengthening social ties: "Exchange gifts, and you will love one another." (This hadis was narrated by Imam al-Bukhari). Arabic text -These hadiths promote understanding of تَهَادُوا تَحَابُوا others' situations through empathy and strengthening social relationships. In the context of soft skills, developing empathy and social relationships contributes to the formation of healthy, sincere, and strong relationships between people. These qualities are presented in the Quran and hadiths as a spiritual and moral foundation, and they are given special attention in strengthening compassion, brotherhood, and love among Muslims.

Self-Confidence and Self-Motivation

Self-confidence is a person's belief in their abilities, decisions, and goals, while motivation is the ability to find the strength and take proactive steps to achieve them. This flexible skill is an important factor in achieving success in personal and professional life, helping one maintain resilience in challenging situations, overcome difficulties, and continually develop. The Quran encourages self-confidence and motivation through tawakkul (trust in Allah) and an understanding of the power bestowed upon a person: "And put your trust in Allah. And whoever puts his trust in Allah, He is sufficient for him." (Surah Al-Ahzab, verse

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ومن يتوكل على الله فهو حسبه - , 3), Arabic text

"Do not despair, nor grieve! If you are believers, then you will be the best of all" (Surah Al-Imran, verse 139), These ولا تحزنوا وأنتم الأعلون إن كنتم مؤمنين- . Arabic text verses encourage people to find inner strength and act with Allah's help. The hadiths, in turn, encourage people to seek Allah's help through their own efforts, strengthening their self-confidence and motivation: "A strong believer is better and more beloved to Allah than a weak believer, but in both there is goodness. So strive for what will benefit you, seek Allah's help, and . المؤمن القوي خير وأحب إلى الله-".do not show weakness "Indeed, actions are done by intentions." (Reported by بالنية - Imam al-Bukhari and Imam Muslim), Arabic text These hadiths encourage people to take انما الأعمال action and motivate them to overcome challenges. In the context of soft skills, self-confidence and selfmotivation play a vital role in personal development and professional life. The Quran and hadiths substantiate these qualities from a spiritual and moral perspective, calling on people to act, rely on Allah, and seek His help. Maintaining intrinsic motivation is a person's ability to consistently maintain their inner strength and determination to achieve personal and professional goals. This skill motivates a person to act despite obstacles, awakens a desire for an inner goal, and promotes personal and professional growth. Motivation is based not on external factors, but on a person's inner convictions and values. The Quran recommends maintaining intrinsic motivation by seeking the pleasure of Allah, demonstrating patience, and hoping for His mercy. "And whoever desires reward in the Hereafter, We will increase his reward. And whoever desires reward in this world, We will give him a small portion, but he will have no share in the مَن Hereafter." (Surah Ash-Shura, verse 20), Arabic text كَانَ يُرِيدُ حَرْثَ الْآخِرَةِ نَزِدْ لَهُ فِي حَرْثِهِ ﴿ وَمَن كَانَ يُرِيدُ حَرْثَ الدُّنْيَا نُؤْتِهِ This verse emphasizes the مِنْهَا وَمَا لَهُ فِي الْآخِرَةِ مِن نَّصِيبِ pursuit of goals for the sake of Allah's pleasure and reward in the Hereafter. "Indeed, with hardship comes ease" (Surah Al-Inshrah, verse 6), Arabic text - فإن مع This verse encourages us to maintain a positive outlook in the face of difficulties. The Prophet Muhammad (peace be upon him) called for determination and patience to develop inner motivation: "Whoever persists in good deeds, Allah will not burden him with more than he can bear." (Reported by Imam Bukhari and Imam Muslim). "Indeed, actions are by intentions, and each person will be rewarded according to his intentions." (Reported by النما - Imam al-Bukhari and Imam Muslim), Arabic text These hadiths teach us الأعمال بالنيّات وإنما لكل امرئ ما نوى to maintain intrinsic motivation through intention and determination in achieving personal and professional

goals. Maintaining intrinsic motivation through flexible skills helps a person move toward their goals without ceasing. The Holy Quran and hadiths strengthen this skill on a spiritual and moral foundation, encouraging one to work with patience, determination, and sincere intent.

(Feedback & Self-Improvement)

Feedback and self-improvement are the ability to accept constructive criticism from others, learn from it, and strive for personal and professional growth. This skill requires an open mind, humility, and a willingness to work on oneself. Through this, a person develops their abilities and eliminates shortcomings. The Quran encourages accepting criticism and self-improvement through submission to Allah, openness, and a willingness to listen to good advice: "And those who fear Allah, when they commit evil or wrong themselves. remember Allah and ask forgiveness for their sins. And who forgives sins except Allah?" (Surah Al-Imran, verse والذين إذا فعلوا فاحشة أو ظلموا أنفسهم ذكروا - 135), Arabic text This verse calls on a person to recognize الله فاستغفروا their mistakes, learn from them, and strive for goodness. "Those who listen to guidance and follow what is best-these are the ones who are guided" الَّذِينَ يَسْتَمِعُونَ - Surah Az-Zumar, verse 18). Arabic text) This الْقَوْلَ فَيَتَبِعُونَ أَحْسَنَهُ ۚ أُو لَٰئِكَ الَّذِينَ هَذَاهُمُ اللَّهُ ۖ وَأُو لَٰئِكَ هُمْ أُو لُو الْأَلْبَابِ verse emphasizes the importance of listening to and accepting good advice. The Prophet Muhammad (peace be upon him) encouraged openness to criticism and advice from others and taught us to learn from them: "A believer is a mirror for his brother: if he sees a fault in him, he corrects it." (Reported by Imam Abu المؤمن مرآة أخيه المؤمن، المؤمن أخو - Dawud), Arabic text This hadis reminds us المؤمن حيث أَقِيَه يكُفُّ عنه ضَيْعَتَه ويَحوطه of the believer's duty to help others and guide their brother to the true path.

"Wisdom is the believer's lost treasure. He has the right to take it with him wherever he finds it." (Reported by Imam Tirmidhi), Arabic text - الحكمة ضالة المؤمن حيث وجدها فهو أحق بها

This hadis demonstrates that a person should value knowledge and advice, even if it is given in the form of criticism. In the context of soft skills, accepting criticism and self-development lead to self-improvement. The Quran and hadith provide a spiritual and moral foundation for learning from one's mistakes, listening to helpful advice, and being open to self-improvement. This virtue teaches responsibility and humility—essential components of personal and collective success. Effectively accepting criticism and learning from it involves the ability to calmly accept constructive criticism from others, understand its essence, and use it as a useful lesson for self-development. This skill

requires an open mind, acknowledging one's shortcomings and striving to learn from them, as well as the ability to perceive criticism from a logical and useful perspective, rather than an emotional one. By correctly accepting criticism, a person can improve themselves and increase their chances of success. In the Holy Quran, accepting criticism and learning from it is aimed at self-knowledge and personal development. He calls on people to learn from their mistakes: "...Indeed, Allah does not change the condition of a people until they change what is in them..." (Surah Ar-Ra'ad, verse 11). "And if a calamity befalls you, it is by وَمَا أَصِابَكُمْ مِنْ .(Surah Ash-Shura, verse 30). وَمَا أَصِابَكُمْ مِنْ This verse encourages مُصِيبَةٍ فَبِمَا كَسَبَتْ أَيْدِيكُمْ وَيَعْفُو عَنْ كَثِيرٍ a person to learn from difficulties and draw the right conclusions from trials. The Prophet Muhammad (peace be upon him) strongly recommended accepting criticism and learning from it: "A believer is one who strives to correct his mistakes. If his mistake is pointed out to him, he is not ashamed to admit it." (Reported by Imam al-Bukhari), Arabic text. - المؤمن يسعى جاهدًا لتصحيح أخطائه عن طريق الاعتراف بها، والتوبة إلى الله، والاعتذار The لمن ظلمهم، والإقلاع عن المعاصى والعزم على عدم تكرارها hadis states that a believer should learn from their mistakes and strive to correct them. The Quran and hadith emphasize the importance of patience, selfawareness, and learning from mistakes in this process. The ability to correctly perceive criticism and learn from it strengthens a person's spiritual health and serves personal development. Constant learning and the desire to develop are the ability to continuously improve knowledge and skills, be open to new information, and actively strive for personal growth. This skill is essential for success in a changing world. A person should always strive to learn, acquire new skills, work on themselves, and improve. This way, they will be able to achieve their goals and achieve high results in life. "Are those who know and those who do not know equal? Indeed, only those who understand learn from counsel." (Az-Zumar, verse 9). Arabic text - قُلْ هَلْ This يَسْتَوِي الَّذِينَ يَعْلَمُونَ وَالَّذِينَ لَا يَعْلَمُونَ ۖ إِنَّمَا يَتَذَكَّرُ أُولُو الْأَلْبَابِ verse emphasizes the greatness and importance of knowledge. "My Lord, increase me in knowledge!" وَقُلُ رَّبِّ زِدْنِي عِلْمًا - Surah Taha, verse 114), Arabic text) This verse emphasizes the need to seek knowledge and continually improve oneself. The Prophet Muhammad (peace and blessings of Allah be upon him) placed great importance on the pursuit of knowledge and constant self-improvement: "Seeking knowledge is a duty for every Muslim." (Reported by Imam Bukhari and Imam Muslim), Arabic text- طَلَبُ الْعِلْمِ فَرِيضَةً عَلَى كُلِّ مُسْلِم This hadis places the acquisition of knowledge as obligatory for every Muslim and emphasizes that knowledge is the key to progress. "Whoever seeks knowledge for the sake of Allah, Allah will make the path to Paradise easy

مَنِ انْطُلَقَ . (Reported by Imam Muslim), Arabic. This . يَطْلُبُ الْعِلْمَ فِي سَبِيلِ اللهِ، يَهْدِيهِ اللهُ إِلَى الطَّرِيقِ الْمُؤَدِّي إِلَى الْجَنَّةِ hadis emphasizes that the pursuit of knowledge and study is the path to reward in Paradise. "A person should be persistent in striving to increase his knowledge." (Reported by Imam Tirmidhi) Arabic text This hadis . يَجِبُ عَلَى الْإِنْسَانِ أَنْ يَكُونَ مُثَابِرًا فِي السَّعْي لِزِيَادَةِ عِلْمِهِ emphasizes the importance of constantly acquiring and improving knowledge. In the context of soft skills, continuous learning and the desire to develop open up opportunities for personal and professional success. The Quran and hadis emphasize the necessity of knowledge, the importance of acquiring it, and its spiritual and moral benefits. The pursuit of personal growth and development should be a key focus in every person's life.

Creativity

Creativity is the ability to generate new ideas and find unconventional and innovative solutions to existing problems. This skill requires solving problems in new, original, and effective ways, rather than using traditional approaches. Creative thinking typically implies openness to change, innovation, and a willingness to go beyond the familiar and imaginary. In Islam, creative thinking is considered one of the intellectual and spiritual blessings bestowed upon humans by Allah Almighty. The Holy Quran and Hadis encourage people to think, demonstrate creativity, and explore the wonders of Allah. In the Quran, creativity and innovation are inherent in Allah Almighty as the Creator. Some verses of the Holy Quran can be perceived as a call to creativity and the search for new paths. "Allah is the Creator of the heavens and the earth. He has subjected it to you for the benefit of mankind..." (Surah Ar-Rum, verse 48), Arabic text -This verse refers to Allah's .فَيَبْسُطُهُ فِي الْسَّمَاءِ كَيْفَ يَشْاءُ creativity and inspires people to innovate and improve upon what has been created. "Have they not considered the dominion of the heavens and the earth? Have they not considered all that Allah has created? Perhaps their term is near? Then in what word will they أُوَلَّمْ (Surah Al-A'raf, verse 185) "believe after that?" يَنْظُرُواْ فِي مَلْكُوتِ السَّمَاوَاتِ وَالْأَرْضِ وَمَا خَلَقَ اللَّهُ مِن شَيْءٍ وَأَن عَسَىٰ "أَن يَكُونَ قَدِ اقْتَرَبَ أَجَلُهُمْ فَيِأَيِّ حَدِيثٍ بَعْدَهُ يُؤْمِنُونَ

This verse encourages creative thinking and a higher understanding of nature, inspiring the development of unique and creative ideas. The Holy Quran and Hadis spiritually and morally support creative thinking, the pursuit of innovation, and the application of original approaches. They encourage people to seek new ideas and solutions, constantly developing and improving the environment. Developing new and innovative ideas is the ability to find new, original, and effective solutions to existing problems. This skill includes a desire for

creativity, the search for new ideas, and their implementation. Creating innovations requires going beyond simple and traditional methods, a willingness to take risks, and discovering new paths. Critical thinking and continuous learning are essential in this process. Developing new and innovative ideas requires a high level of creativity in the context of soft skills. The Holy Quran and Hadis support the pursuit of innovation, creative thinking, and the use of new approaches both spiritually and morally. The search for new ideas and innovative thinking contribute to personal growth and lead to the improvement of society. Finding unconventional solutions in complex situations is the ability to use innovative and creative approaches to solve problems and make decisions that go beyond traditional methods. This skill requires logical thinking, creativity, and an openness to innovation in stressful and uncertain situations. In such situations, unconventional solutions, new methods, and creative ideas can yield unexpected and effective results. In the context of soft skills, finding unconventional solutions in complex situations requires creativity, patience, and logical thinking. The Holy Quran and Hadis emphasize the importance of patience, faith, and a desire for innovation in difficult situations. Finding new approaches to problem solving and generating innovative ideas contributes to a person's spiritual and practical development.

CONCLUSION

Soft skills—those that support personal and social development—such as adaptability, emotional intelligence, self-confidence and motivation, feedback and self-improvement, and creativity, are essential in modern life and work. These skills are essential for strengthening social relationships, overcoming stress, working effectively, and continuously growing. The Holy Quran and Hadis serve as spiritual and moral resources that encourage people to do good, instill faith and patience, and ultimately contribute to the development of these skills. Values such as patience, creativity, emotional intelligence, self-development, and the search for new solutions, as mentioned in the Quran and Hadis, encourage people to make the right decisions in difficult situations, show compassion for others, maintain motivation, and strive for continuous growth. For example, soft skills such as "creative thinking" or "emotional intelligence" are reflected in verses of the Holy Quran related to creativity, innovation. and mental health management. Furthermore, the Hadis provide practical guidance on how to apply these skills in life and achieve success. Furthermore, accepting criticism, self-improvement, and continuous learning are reinforced by the teachings of the Holy Quran and the Hadis of our

Prophet Muhammad (peace be upon him), which encourage people to learn from their mistakes, acquire new knowledge, and strive for comprehensive development. Overall, the Holy Quran and Hadis convey high moral and spiritual values for developing soft skills. Applying these skills in life will lead a person to success not only in the professional sphere but also in their personal life.

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