

The issue of creative mastery in interpreting female psychology (on the example of Z. MIRZO, X. RUSTAMOVA, and G. ASQAROVA'S works)

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Abstract: This article examines the issue of creative mastery in interpreting female psychology in contemporary Uzbek poetry through examples from the works of prominent poets Zebo Mirzo, Xosiyat Rustamova, and Guljamol Asqarova. It specifically addresses the artistic and stylistic features unique to these creators' works, highlighting issues of aesthetic ideals and creative individuality in crafting new poetic expressions. The characteristic features of literature in the independence era are analyzed systematically through the poetry of the aforementioned poets.

Keywords: Psychology, artistic expression, interpretation, creativity, mastery, style.

Introduction: It is known that in contemporary Uzbek poetry, human emotions, individual psychology, and inner feelings are extensively explored. Recently created literary and poetic works have particularly drawn attention to the increasingly vivid portrayal of women's psychological dimensions. In Uzbek poetry of the independence era, stylistic individuality, thematic originality, and artistic diversity are clearly reflected. The characteristics of the new era are prominently observed in the evolution of artistic thought. Contemporary Uzbek poetry widely incorporates the depiction of individual psychology. This tendency is especially pronounced in the works of several active female poets currently contributing prominently to the literary scene.

METHOD

Genuine poetry is a pure manifestation of the spirit. When a poet's soul unites deeply with their heart, this unity creates fertile ground for beautiful poetry to emerge. It would not be an exaggeration to state that contemporary Uzbek poetry truly serves as a key to unveiling the multifaceted dimensions of the human heart. Indeed, it is clear that in current poetic creations, authors skillfully embed profound reflections of human psychology within their literary works. Numerous poems vividly interpret personal psychology, inner worlds, and emotional experiences.

When addressing human psychology, particular attention must be devoted to portraying the subtle and delicate nature of the feminine soul and spirit. Observing contemporary Uzbek poetry, we distinctly notice various trends such as blending diverse approaches, integrating new principles, and producing emotionally resonant works. Modern poets are deliberately exploring these very tendencies within their creations. This phenomenon is evident not only in Uzbek literature but also in global literary traditions. Today's readers seek not merely a reflection of social life but rather the depiction of their own hearts and inner selves in poetry. More explicitly, contemporary individuals strive to discover their personal identity—their "I"—within literary works. This process, naturally, reflects the identity of the creative personality as well.

RESULTS AND DISCUSSION

Today's poets explore diverse themes in portraying the subtle emotional upheavals of the human heart. This phenomenon is clearly observed in the works of well-known Uzbek poets Zebo Mirzo, Xosiyat Rustamova, and Guljamol Asqarova, who uniquely approach the subject of feminine psychology.

In the poetry of Zebo Mirzo, this exploration manifests primarily through the interpretation of love. The poet elevates the image of the loving woman to a central position, intimately linking the female character to her

internal experiences and vividly portraying them. According to Zebo Mirzo, "Life is always difficult for people with a richly developed inner world. Such individuals, even without external influence, inevitably endure a constant battle between two opposing forces: the spirit and the body. While the spirit urges a person toward higher ideals, the body draws them down, compelling them to satisfy worldly desires. People experiencing such contradictions inevitably suffer from creative anguish, feeling compelled to express celestial emotions deemed incompatible with mundane life on paper" [6: 306]. It is precisely these celestial emotions that are reflected in Zebo Mirzo's poetic works, where the poet skillfully inscribes the voice of her spirit amid the eternal struggle between body and soul.

"Ey mening umrimni barbod qilgan ishq,

Balki izingizdan xazondek o'tdim.

Vujudga otashlar tutashgan chog'da

Alanga lablarda jonimni tutdim". [10: 70]

In the lines mentioned above, the poet directly appeals to the divine emotion—love, delicately transferring the subtle feelings experienced within a woman's heart into the soul of the reader. Although in the initial verses the poet portrays love—or rather, the beloved she feels compelled to love—as a force capable of destroying her life, she does not deny her readiness to burn eternally within that very flame. "Og'rinmang,

Sizni deb og'rindim, sindim...

Yig'ladim,

Ismingiz aytib yiqilsam...

To'kilmasmikansiz...

Qo'rqaman endi,

Oyoqlar ostiga bir-bir to'kilsam...

Ey mening umrimni bunyod qilgan ishq!.." [10: 70]

Continuing her thoughts in the passage cited above, the poet pours her inner experiences onto the page. In the poem, the lyrical heroine's psychology is intricately blended with the poet's personal identity. Clearly, a woman's personality is profoundly complex and deeply contradictory. When she loves, her passion is intense and consuming; when she hates, her anger has the power to ignite the world. While expressing the anguish of love, the author highlights the compassionate nature inherent in the female heart. Even as she suffers, she wishes no harm upon her beloved. At the outset of the poem, the attitude toward love is depicted as deeply ambivalent "Ey mening umrimni barbod qilgan ishq," If initially the poem conveys a sense of reproach or resentment toward love, by the conclusion, it

ultimately transforms into acceptance and reconciliation, signifying a deep emotional surrender "Ey mening umrimni bunyod qilgan ishq!.." — she concludes with a plea, expressing reverence toward the feeling that transformed her into a true lover—indeed, a true poet. The central theme of Zebo Mirzo's poetry is love. The poet elevates love to heavenly heights and regards the suffering endured along this path as sacred. She draws inspiration from this powerful emotion and focuses precisely on love to vividly depict feminine experiences. Deep exploration of human psychology, the portrayal of inner personality, and the artistic embodiment of the poet's personal "self" stand out prominently in her poetic works.

When discussing works that inspire people to think differently, urging them to perceive the world from a unique perspective, and portraying women's emotional states in close harmony with nature and society, it is essential to acknowledge the talent of poet Xosiyat Rustamova. Her poetry demonstrates creative individuality and intellectual clarity, giving charm and enchantment to her verses. "Truth and genuine human emotions affect everyone equally. Feelings have neither nationality nor race; they are universally experienced by all. Xosiyat Rustamova entered literature like a lightning strike, and in her poetry, the worldly and the divine merge seamlessly" [4: 51-52].

"Oyog'imda turibmanmi – tirikman,

Demak, mumkin Sen haqingda o'ylashim..." [8: 25]

In this couplet, the poet masterfully encapsulates profound meaning within just a few lines. As long as a woman lives, she can love and cherish thoughts of the one she adores. For a genuine human being, there is no happiness greater than this. Indeed, a woman consistently draws strength from those to whom she has given her heart.

"Ming yilki ... ortimdan kuzatib mani –

Qo'li mushtligicha qolmoqda g'anim.

Azizim, baridan esda qolgani –

Bu dunyoda Sizni ko'rganim". [9: 101]

In the lines above, the poet depicts the trials encountered throughout her lifetime as relentless adversaries pursuing her without respite. Yet, she ultimately finds solace in recognizing that all worldly sorrows and anxieties are transient. Reflecting upon both joyful and painful moments experienced in life, she admits, with sincere feminine sensitivity, that meeting the person closest to her heart remains the most memorable event in her existence. The poet portrays pain exactly as she feels and understands it, which notably allows her emotional reality to resonate

deeply and swiftly with readers.

The poetry of Guljamol Asqarova, a unique poetess whose fresh poetic expressions have captured readers' hearts, also extensively addresses female psychology. In her works, women are depicted with courageous and resilient characters. Particularly, in her poem dedicated to the talented poetess Xosiyat Rustamova, the image of the creative woman emerges clearly and powerfully.

“Hali uzoq yashasa bo’lar,

To ko’zimiz ishqdan intizor.

Bu dunyoda gullar bor hali,

Bu dunyoda kapalaklar bor”. [2: 160]

In these lines, the poet conveys that as long as there is longing for love and beauty in this world, one can find reason to continue living. Moreover, she illustrates that the female heart's passion for beauty and love serves as a primary factor binding creative individuals to the world and inspiring them to embrace life.

“Hali u-z-o-o-oq yashaymiz do’stim,

Toki ishqqa tashnadir yurak.

Omon bo’lsa, shu aziz tuyg’u,

Kapalakka aylansak kerak”. [2: 160]

In the following stanza, the poet emphasizes that both creative women will undoubtedly live long, as neither is a stranger to the precious feeling of love. She weaves into her verses the idea that as long as love exists in the world, lovers will remain immortal. She poetically suggests that female artists, enchanted by beauty, might someday themselves transform into butterflies—becoming part of that very beauty through the grace of love.

As previously mentioned, Guljamol Asqarova vividly illustrates female identity and psychology in her poetry, skillfully painting them with vibrant emotional shades. The subtle nuances of a woman's heart blend seamlessly into her verses, highlighting the poet's mastery in exploring feminine emotional depth.

CONCLUSION

The elevated depiction of human emotional experiences in contemporary Uzbek poetry significantly contributes to the advancement of authentic literature. Works of this nature are highly valued by poetry enthusiasts and individuals sensitive to artistic beauty. True poetry ensures the perpetual fragrance of creativity, as it is rooted deeply in human emotions, hearts, and spirits. These elements profoundly reflect its aesthetic quality as a refined art form. Today, the common characteristics evident in the works of the aforementioned poets converge harmoniously in their portrayal of heart and soul.

Effectively expressing female psychology, enhancing artistic allure, and authentically depicting genuine emotions require considerable creative skill. The poetic creations of talented Uzbek poets Zebo Mirzo, Xosiyat Rustamova, and Guljamol Asqarova fully meet these artistic criteria.

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