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DEVELOPMENT OF THE MECHANISMS OF FORMING THE CULTURE OF COMMUNICATION OF GIRLS DURING PUBERTY

Submission Date: October 01, 2022, Accepted Date: October 06, 2022,

Published Date: October 15, 2022

Crossref doi: <https://doi.org/10.37547/ajsshr/Volume02Issue10-01>

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ABSTRACT

The preparation and upbringing of Uzbek girls for upbringing in the family is carried out mainly on the basis of national characteristics. The main reason for this is the main condition for the continuation of the Uzbek nation, the country. This article provides information about the mechanisms of forming the culture of treatment of girls in puberty.

KEYWORDS

Education, ethics, aesthetics, spiritual and moral qualities, culture of dealing.

INTRODUCTION

The national qualities of an Uzbek citizen are continued in the family. Such responsibility is assigned to mothers in the family, so mothers should pay special attention to educating their daughters in the qualities of a housewife from the time they are girls. If girls are not organized on the basis of intellectual, moral, labor,

aesthetic, physical, economic, legal and other components of education to perform the role of mother in the family, the young families that will be formed in the future will not be reliable and strong. In order to increase the educational opportunities of Uzbek families, it is necessary to carefully conduct the

education of girls. It is better to teach a girl to take care of herself from a young age. It is very useful to learn how to fasten a broken button, sew a torn seam, tighten a torn edge, and sew the ends of clothes. This is certainly not an easy task. For this, the mother must be diligent, patient, and teach her daughter the rules of how to do every job correctly. Some mothers lose their daughters because of this lack of diligence and patience. It is necessary to accustom a girl child to have a pure nature from a young age. To do this, it is necessary to teach them to wash and comb their hair on time, to change their clothes on time, and to keep them neat and tidy. The girl helps her mother in housework. She tries to act like her mother. It is better for a mother to put her daughter in work that she can do, and as she gets older, she should expand both the type and the size of the work. When a mother orders her daughter to do something, it is even better if she shows the way to do it easily and quickly. But it is important not to forget that the child should be given freedom.

When assigning work to a child, it is necessary to understand the intended purpose of the work, to explain that it is necessary to work patiently in order to perform it well and with quality. It is educationally important that both mother and father monitor how the child performs the assigned task and evaluate the result of the work.

Usually, a girl child learns to keep a house and tidy up by following the example of her mother. So, if a mother takes her daughters along with her while doing household chores: cooking, setting the table, washing clothes, cleaning the house, ironing, sewing, and waiting for guests, it is good for both the mother and the daughter. is useful. Each of us remembers well what our mother once said: "What you do for me - what you learn is for yourself." When it comes to the virtues of girls, we have no choice but to dwell on the issue of manners, modesty, and sophistication. This girl should have modesty and intelligence - her virtue. To be modest and refined means to be dignified, dignified, to respect others. It means to keep one's honor clean by working with reason, to be able to control one's self in any situation, to think and measure every step. A girl usually learns these qualities from the good relations between her closest people. A mother should be able to teach her daughter to do her work skillfully, to make her interested in learning a profession, and in this way she should be encouraged to be patient and persevere. The most important thing is to be able to fill the acquired knowledge, behavior or desire to serve. Some mothers have a misconception that a girl child is someone else's property, that it will be passed away before reaching adulthood, and that she will be left to wear at her parents' home. They pamper older girls, keep them away from household chores and life difficulties, and leave them to their own devices. A mother takes care of the household problems and

raises her daughter very freely, without realizing that she is doing something harmful. "I'm going to sleep," even grown-up girls will say to their children. In this way, the mother loses her dignity, and her daughter is brought up as uneducated, uneducated, useless, and they forget that she will also become a mother in the future. "Be a well-educated person," they say, but in practice, they do the opposite. How can a girl who is not trained in work and not used to overcome difficulties become a good person?!

It is not appropriate to leave a growing young girl alone. If you don't investigate it, you may regret it later. Because a 15-16-year-old girl does not yet know the difference between good and bad. He is very impressive, he is very self-confident. There will be a time when puberty is coming. That's why a mother should be close to her daughter, become her confidant and always keep an eye on her. A mother should protect her daughter from bad ways by giving advice and teaching her good deeds. It is easy to bend a young variety in all directions and to grow it straight. It is good for both the woman and the man to know everything, because everything is needed in marriage. People who say that you can live a meaningful life only by having a profession along with studying are very wrong. We often use the phrase "when it gets to the head, it gets used to everything." We believe that when a girl gets married, she will follow the path of that family. However, starting a new family is not an easy task. For

this, the bride must like them with her good sides. If Uzbek brides please their son-in-law, mother-in-law, and father-in-law with their three qualities: dexterity in housework, good manners, intelligence and prudence, their respect will increase. Because of this, his face will be bright and his tongue will be bright. Let's say that a girl child has become a householder, now she needs to know how to get along with her home, her husband, her in-laws, and when she becomes a mother, she can raise her child perfectly. should come out. If the girl is smart, it's good, she will eat them without difficulty. What if it grew up at home? Then he hears and pushes. It often causes family quarrels. It even leads to the breakdown of marriage. We can see many such life examples. In the family, a girl child is considered and brought up as a future mother and housewife of a young man. Children start doing housework from the age of 5-6, girls learn sewing, knitting and household chores. As they are taught to work in the family from a young age, they learn to keep everything and be careful.

In addition to the above, folk games and toys for girls play an important role in the spiritual and moral upbringing of children in the family. Because at the heart of the game, firstly, the physical training of the child lies, and secondly, it opens the way for him to understand the future life path in the game activity. Games are important because they teach a child to be healthy, active, resourceful, resilient, tenacious, and

intelligent. For example, girls' games such as "doll-doll" and "aunty-aunty" are a sign of girls' future lives. After all, through these games, girls get the concepts of becoming a mother, feeding and raising a child in the coming adulthood, but they also get used to understanding the most important feelings, duties, and responsibilities of parenthood. In this way, they develop skills such as parental love, loving a child, raising it with care, and treating it with love. The game "Holla-Khola", in turn, teaches girls that they should go back and forth with their relatives, show kindness, welcome relatives and friends who come home with open arms, and see them on special days. It helps to learn concepts such as keeping up, the need to receive information. As a result, such girls can become good mothers in the future.

People's living, work and self-defense are reflected in the content of folk games. It should also be noted that Uzbek folk games differ from other nations' games in terms of their activeness, ability to develop the child's body, and training activities. In this place, the work of attracting girls to sports is gaining momentum. First of all, sport creates a foundation for a girl child to grow into a healthy adult. With the initiatives of President Sh. Mirziyoev, great attention is being paid to the development of children's sports in our country, including the regular participation of girls. Currently, mainly girls are engaged in athletics, rhythmic gymnastics, volleyball, basketball, table tennis, chess,

checkers, sports gymnastics, acrobatics, and field hockey. Widely popularizing sports suitable for our Uzbek mentality among girls will help the mother of the nation to be healthy. Today, the development of sports is connected with the fundamentals of raising the nation's sons and daughters, strengthening the Uzbek family, purifying society, and stabilizing spirituality. Our strategic goal is to improve the national gene pool and raise the quality of our work in the field of education of a well-rounded and healthy generation. One of the scientists - F. Nightingil wrote that "... now nurses are taking care of patients, but there will come a time when those in their care will be healthy, and the nurse's task will be only to care for them so that they do not become sick." Today, our contribution to the development of children's sports, our concern for the physical strength and health of mothers and daughters, will allow us to bring people who can form a healthy lifestyle to the society in the future with fewer sick mothers. When preparing girls for housewives or motherhood, the above national characteristics and components of education should be carried out in accordance with the purpose. In preparing girls for motherhood in the family, her moral education is of primary and decisive importance. It is desirable that the officials, neighborhood, authorities, adults who are related to marriage and family problems in the education of girls should have relevant information about the social and psychological characteristics of the modern family, marital conflicts,

and the psychology of family conflicts. . Most of the brides (daughters) who have joined a new family easily overcome some of the difficulties that arise, fulfill their duties as brides to their heart's content, free their mother-in-law from their worries, and quickly win their love.

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